



**We are now meeting in person again, and also on Zoom.
You are encouraged to attend. Masking is required.**

Upcoming LCUUF Sunday Services

Aug. 1 – Spotlight Consciousness and Lantern Consciousness - Consciousness narrows as we age. As we know more we see less. This is the transition from lantern to spotlight consciousness. It does not have to be this way, though. We can learn 'Beginner's Mind' and bring a new, more open awareness to our everyday life. Richard Clarke will talk about how to do this. Pam Cucinell will be service leader.

Aug. 8 – Can Cities Save Us? - Right now, about 5% of the earth's land surface is consumed by cities, which are where a little over half of the world's people live. The UN predicts that by 2050, over two-thirds of people will live in cities, that is to say, nearly 7 billion of almost 10 billion total people will live in cities, and they may consume 10% of land area. For many, this is a dystopian scenario, of pollution, traffic, and crime. But the world's people think differently, and are moving from farms to cities. I think the migration of people to cities is a hopeful thing. Cities may be the gateway to a stabilized world population living sustainably in a world alongside nature. We'll explore how this might be possible. Rev. Matt Alspaugh will give the talk and Sue Kelley will be the service leader.

Aug. 15 – Food Scarcity: What Does it Mean and How Two Local Non-Profits are Making a Difference - Food scarcity has been a global problem for generations both globally and locally. This service will examine what it means and how it affects communities globally and more important, locally. Mark Rochon and Robyn Puntch from Foodbank Lakeside and Janine Kirkland and Augustin Vazquez Calvario from Operation Feed will join us to present information about their efforts to address food scarcity and share stories of their successes. Kriss Gang will be the service leader.

Aug. 22 – Opening Our Eyes, Finding Our Vision - Do we have visions for the coming phases of our lives? What do we yearn for, what do we work for? The world has changed a lot in the recent past, maybe it's time to re-examine, even to change our visions. How do we do this? Carl Jung said, "Your vision will become clear only when you look into your heart. Who looks outside, dreams. Who looks inside, awakens." Together we'll explore how we might look within to find our individual and collective visions for the coming days. Rev. Matt Alspaugh will give the talk and Heidi MacLennan will be the service leader.

Aug. 29 - How we have been incorporated as Individuals? - This service is based on American media theorist, writer, columnist and lecturer Douglas Rushkoff's book "Life Inc." It traces how corporations went from being legal fictions to being the dominant fact of contemporary life. The result, corporatism, has infiltrated all aspects of civics, commerce, and our culture, from the first chartered monopolies to the branding of the self. Today we will explore the impact of corporatism on individuals, personal life decisions influenced by it and how we can move forward and beyond its hold on society. Kriss Gang will be the presenter and Deb Gang will be the service leader.



We are also meeting on-line, at our usual time, Sundays at 10:30, using a service called Zoom. Here's how to get set up. We suggest you do this before the meeting.

To join via video on your computer, tablet or smartphone, please click the link below – you will be stepped through downloading a free app that will let you connect to the meeting.

<https://us04web.zoom.us/j/233941792>

Meeting ID: 233 941 792

Or, for audio, just dial-in by your location

+52 229 910 0061 Mexico

+52 554 161 4288 Mexico

+1 253 215 8782 US

+1 301 715 8592 US

+1 778 907 2071 Canada

+1 438 809 7799 Canada

+1 587 328 1099 Canada

+1 647 374 4685 Canada

Elsewhere? Find your local phone number: <https://us04web.zoom.us/u/fnTR4N3JJ>

We encourage you to try to connect early, to get things set up. However, you won't be able to join the service until about 10:00am on Sunday. But it's good to get set up early.



Rev. Matt Alspaugh

MESSAGE FROM MATT

Near the end of August, Heidi MacLennan and I will offer a service about vision, about imagining possible futures and acting in a way to bring the best possible futures in existence. Now is a good time to think about vision, as we gradually emerge from the pandemic, from a time when so many things seemed to be on hold. It's a good time to ask, "where am I going with my life?" or "what do I want for my future?" Certainly there's a risk in getting focused on a single outcome, just one goal. If anything, the pandemic humbled many of us who thought we had things figured out. Still, just as some doors have closed, other doors open. But we have to have the wisdom, more precisely the vision, to know which door to walk through. Heidi and I hope to explore these themes with you on 22nd August.

Like many other organizations, LCUUF had let our website become fallow during the pandemic. After all, we weren't having in-person services or activities, and people weren't moving here during the pandemic.

We have begun updating the website, with the help of one of our newer members, Frederico (Howard) Frederick. His background as a business-school professor caused him to ask deeper questions like, "who is our audience?" and "what are we about?"

This has caused me to begin to think about these same questions, plus "who do we want to become?" This is the question of vision. It's often phrased something like "what do we want to look like, 5 years from now?"

At our July board meeting we talked, just a little, about that question. We certainly wanted to be more welcoming to LGBTQ folks. We wondered about attracting more Mexicans who might be interested in UU. We realized that having a children's religious education program is probably unlikely. And this was just informal discussion!

Assuming we are able to work together to describe who we want to become, we will have to act. For example, we might be more active in LGBTQ programs and concerns, and find ways to provide Spanish language support in our services.

There is a Japanese proverb that goes, "Vision without action is a daydream. Action without vision is a nightmare." And so, unless we want to merely daydream, or worse, live a nightmare, let's begin to think about our visions, our own and for the fellowship, and then put them into action.





SHARE THE BASKET

We appreciate the generosity of the congregation in contributing to LCUUF's Share the Basket program. Since January 2021, we have contributed the following amounts, in pesos, to these organizations which provide food to local community:

January	Tepehua Community	14,235
February	FoodBank Lakeside	7,770
March	Operation Feed	14,103
April	Poco a Poco/Brigada Estatal	7,099
May	Tepehua Community	7,716
June	FoodBank Lakeside	12,539
July	Operation Feed	7,043*
August	Poco a Poco/Brigada Estatal -	

* Collected as of July 20.

Now that we are having in person services again, any loose pesos in the offering basket on Sunday will be split: 1/2 to the LCUUF general fund, and 1/2 to the Share the Basket recipient for the month.

If you pay your pledge or make a donation to LCUUF by PayPal, by Bill Pay, or pesos directly to Lorna Dean or David Hudnall, you may specify the amount that you want to donate to the Share the Basket program.

Our policy for Share the Basket, during the coronavirus crisis, has been: If we collect more than MXN 5,000 pesos in any month, the full amount will go to an organization providing food to the Lakeside community. If we collect less than MXN 5,000 pesos in donations in any month, the balance will be subsidized from the LCUUF treasury, as long as this is financially feasible. However, as you can see above, we have received over MXN 5,000 pesos for each month so far this year.

Poco a Poco/Brigada Estatal in San Pedro Itzicän <https://www.pocoapocosanpedro.com> is our recipient for Share the Basket donations in August 2021. Poco a Poco volunteers work alongside and in very close cooperation with the Brigada Program.

They sponsor a community kitchen for children and provide dispensas (bags of basic groceries) to renal patient families, in addition to other self-help programs.

Lorna Dean, Treasurer.



LCUUF BOARD OF DIRECTORS

President	Lewis Crippen
Vice President	Charles Jacobs
Secretary	Susan Miller
Treasurer	Lorna Dean
Member at Large	Eric Luria
Member at Large	Cat Barnett
Member at Large	Kriss Gang



AUGUST BIRTHDAYS

01	Val Marcum	10	Jeanne Haely
01	Dee Camhi	15	John De Waal
08	Marty Weston	18	Sandy Wallin
08	Mario Paradillo	31	Sue Boyczuk
08	Alicia Macnamara	31	Carol Johnson
09	Brenda Herold		





MEMBER SPOTLIGHT



Dr. Hanna and Dr. Howard (Federico) Frederick have been attending the Starr King UUF, Plymouth NH prior to moving to Lakeside. They have recently bought a house in Riberas.

Dr. Hanna is a Hungarian-American. She arrived in the US at age 33. She trained in Hungary as a PhD chemist at the University of Eotvos Lorand. Hanna started off as analytical laboratory leader in Cleveland, then as an adjunct chemistry professor in CT and DC. Later, she did environmental consulting, foreign direct investment and held smart city manager positions in the US, Hungary and New Zealand.

Dr. Hanna then launched her real passion – chocolatiere – with companies in New Zealand and Australia. She sold her biggest venture, Mamor Chocolates, Inc. in Melbourne, AU. (See www.mamorlegacy.com) and moved to Puebla, Mexico, then Plymouth, NH, following her husband’s academic jobs. She has two children, born in the US to her first (Transylvanian) husband. Her parents were also Transylvanian, and they were related to the Kolozsvar Unitarians. Dr. Hanna states that she has always loved writing, sciences and music. She sang for many years in her youth. But her true hobby became baking, cooking and creating chocolates and gelatos for guests.

She made chocolates for the Plymouth (NH) UU, and would like to continue making them here from Mexican (Tabasco) beans, for fundraising. Ajijic has a great climate for artisan chocolates and truffles. Her recent COVID-time project is www.dietdesires.com, a food blog. It intends to help people to cook creatively by her tailored diet recipes.

Dr. Howard (Federico) has forty-three years teaching at university level in USA, Mexico, New Zealand, Australia, Austria, and Germany in the fields of new media and business innovation/entrepreneurship. Interested in hiking and travel, longevity and diet, current affairs and politics, he is a specialist in Design Thinking, and has taught thousands of entrepreneurs. He is fluent in Spanish and German. He has his own [blog](#) and [Vimeo](#) channel.



BOARD MEMBER

MESSAGE

Charlie Jacobs, VP

The Tech Team has been working to install our new pan/tilt/zoom camera and got it done today. This is one of the final things to be incorporated into the video for the fellowship. Over the past few months, we have been working to eliminate problems that plagued our early efforts to bring you a Sunday service. Fortunately we have succeeded in eliminating most of our problems and are now working on the smaller and less noticeable type of problems. As people have commented, our services have been getting more and more flawless. We hope to continue this excellence in our services. We have two tech teams that alternate every week. We are looking for volunteers to expand our tech team to the point of having three trained teams, with each team working once every three weeks. That way we would have enough team members so that if someone was sick the congregation would not notice a difference. More Service Leaders are also needed. We would like to have some new Service Leaders to help with our services. We also would like more presenters to bring their views to the congregation. Our work thus far has been mostly technical, now we are improving our efforts to bring you the best that we can. Our work this afternoon was getting new equipment installed and operating at its best. Now that the new equipment has been installed and checked out, we will be working to integrate it into our system to make the best use of the new equipment. We have also begun an intensive training program to teach each team member all of the jobs in the Tech Team. We want each members of the team to be able to assume any job and do it well. With our experience and getting our equipment installed and operating properly, we should be able to continue our efforts at bringing you an excellent Sunday Service each

week. Our team members are dedicated to doing the best job of which they are capable. Roy Haynes is to be especially congratulated on the job that he does each week with the slides used in the services. David Hudnall and Kriss Gang are our video switcher operators, and do a superb job. Dave Miller and Charlie Jacobs control the sound for the services each week. Richard Clarke is standing in for Kriss Gang as a video switcher operator. Richard's usual job is working from his home and switching external speakers into the video and audio stream so that it appears seamless. His other job is editing the service and putting it on You Tube for all to see. Roy Haynes and Robert Barnett control the Power Point slide show and videos. We have various people writing the scripts for the services. The presenter usually writes his or her presentation. The Service Leader script is written by Rev. Matt or Richard Clarke. The Sunday Service Committee is intimately involved with the services. There is a service coordinator who is in charge of all services during their term of service. Each service must be approved by the committee. Ideas for services come from the committee or Rev. Matt or from the presenter. The service is the result of a lot of work by a diverse group of people. This will give you an idea of what is involved in putting a service together, although it is more difficult than I have made it sound. We would like to see more people involved with the Tech Team and the Sunday Service Committee. We would like to have more trained tech team members and would like to see more people coming up with ideas for services

Charlie Jacobs, Vice President



AMAZON SMILE

Your purchases from Amazon USA can generate a donation to the Lake Chapala Unitarian Universalist Fund, Inc. To ensure that the LCUUF Inc. is credited:

- Go to: <https://smile.amazon.com/ch/83-1570707>
- Log on with your own Amazon USA username and password.
- **Supporting: Lake Chapala Unitarian Universalist Fund, Inc.** will show up towards the top left side of the header.
- Make your purchases.
- Save the above URL to use each time you make a purchase.

Every three months, LCUUF, Inc. will receive a payment from the Amazon Smile program. The payment is made directly into our U.S. bank account for 0.5% of the cost of the purchases made in the previous quarter. Since May 2020, LCUUF, Inc. has received three payments from Amazon Smile which totaled USD 20.39. I would like to encourage more people to use the Amazon Smile program.

This only works for purchases from Amazon USA because Amazon Smile is a U.S. charitable organization that donates to other U.S. charitable organizations. It does not work for orders from Amazon Mexico.

Contact Lorna Dean
Treasurer@LakeChapalaUU.org if you have questions about the program.



HUMANIST DISCUSSION GROUP

The Humanist Discussion Group will meet on Wednesday, August 25th at 4pm. Note the new link: <https://us02web.zoom.us/j/86577912863>.

Can we afford commercial space exploration given all the humanitarian crises the world is facing? Or to rephrase the question: With more planetary-wide troubles such as [climate change](#), humanitarian crises, mass migration and others on the horizon, how effectively can we rely on space technologies to sustain our own Earth and life on it? If you wish to receive the reading materials prior to the meeting and are not on the mailing list please contact Bob Koches at: bobkoches@gmail.com



The LCUUF News-letter is produced to provide LCUUF news to members and friends. Deadline for contributions to the September newsletter is August 20th and should be sent to Editor Kathy Koches, at: kkoches@gmail.com