

# LCUUF NEWS OF THE WEEK



Issue 2

Apr 3 - 9, 2023

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**Attend our weekly services in person or via Zoom on Sundays at 10:30am CST. We are located at 261 Hidalgo, Riberas Del Pilar. To participate on Zoom use this link:**

[Sunday Service Zoom Link](#)

[Click for Order of Service](#)



**THIS WEEK: April 2, 2023**

## Getting Out Of Our Heads

Rev. Matt Alspaugh

June Wilson, Service Associate

Writer and contemplative Richard Rohr has said "the key to a healthy spiritual life is getting out of the top three inches of our body." This is the essence of embodied spirituality. In this service, we explore finding balance by getting out of our heads and into our bodies, all the while not leaving our heads too far behind.

**Apr 2 Musical Guest: Gary Young**

Gary started his professional career at the age of 14, arranging the popular music of the day (60's) for musician's union booking agents. He studied for 12 years with Earle Voorhies, professor of piano at California State University at Fullerton, and later the chairman of the piano department of the California Institute of the Arts. Gary also studied voice for 4 years at California State University at Fullerton with Dr. Howard Swanson. He is now retired on the shores of Lake Chapala, Mexico, where he is fast becoming a strong musical presence within the community.



**NEXT WEEK: APRIL 9, 2023**

## **"Easter-Chocolate Communion"**

**Rev. Matt Alspaugh**

**Catherine Luria, Service Associate**

Easter is without doubt the most significant day in the Christian calendar. We'll briefly explore various interpretations of Easter, from

traditional theology to more modern (and perhaps controversial) concepts. We'll also celebrate *Comunión de Chocolate* (Chocolate Communion), a syncretic amalgamation of indigenous Mexican, Christian, and earth-centered religious concepts into a prototypical Unitarian Universalist sacrament. People joining us on Zoom are encouraged to have on hand a small piece of chocolate (or alternative food) to participate in the ritual.



## **LCUUF Social Action Team In Action**

The new social action team (SAT), at the Board's direction, began to evaluate charitable giving by LCUUF. They developed a draft board policy, which was approved by the board at their March 20th meeting and a checklist for the SAT to use in evaluating and annually reviewing a charity for inclusion in our charitable giving as a congregation. The Board wanted to make sure we have fiscal oversight of our giving, along with making sure charities match our congregation's goals in supporting social justice and action. This work will be our primary focus for the next few months.

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## Looking for Tech Support

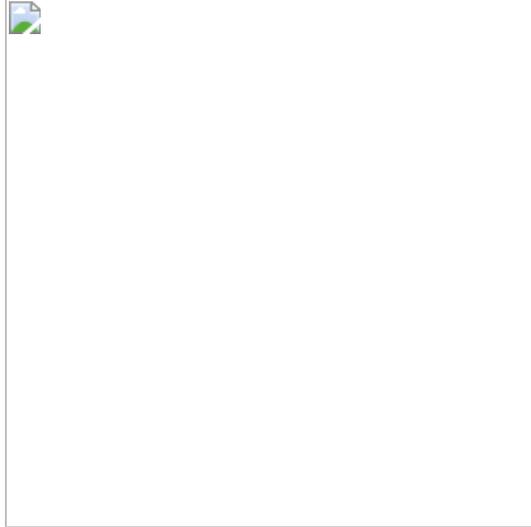
### Volunteers...

Your LCUUF Tech Team is looking for help. Specifically we need volunteers to help with operating the teleprompter, the PowerPoint slide show and Cameras for our Saturday rehearsals and Sunday Services.

### Paid Support...

The 2023 annual budget included funds to contract a part-time tech person to oversee, assist and troubleshoot the production and delivery of our Sunday Zoom/in-person services. We have made outreach efforts to both the Technological School and LCS (who uses contract tech folk). If you know someone or have connections that may know of someone, please reach out to them. Below is a link to the job description.

[Paid Tech Support Job Description](#)



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## Weekly and Monthly Events

**Zoom Women's Group: 12pm - 1pm 1st and 3rd Mondays Monthly**  
Catherine Luria, Facilitator: Contact [CLuriaARNP@gmail.com](mailto:CLuriaARNP@gmail.com) for topics

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**Zoom Meditation Lessons: 2pm - 3pm Weekly on Thursdays Richard Clark, Facilitator. (Click for current lesson)**

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**(NEW TIME) Monthly Humanist Discussion Group: Wed. Apr. 26th 11:00am CST. Bob Koches Facilitator (Click for Monthly Topic)**

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**Friday open conversations on Zoom-- 2:00 pm. Open to all questions: e-mail Richard Clarke at: [Richard@infinitepie.net](mailto:Richard@infinitepie.net) (click to join on Zoom)**

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## Sunday March 26th Video Recording



# Birthdays This Week

**Kriss Gang 4/03**

**Colleen Beery 4/04**

**Francesca Lund 4/05**

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**Do you have a news item you would like included? Contact us at:**

**[editor@lcuuf.groups.io](mailto:editor@lcuuf.groups.io)**

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### **Newsletters are Available on our Website**

Newsletters (from 2015 to the present) are now available on the website.

<https://lakechapalauu.org/lcuuf-monthly-newsletters/>.



**Lake Chapala Unitarian  
Universalist Fellowship**

261 Hidalgo, Chapala  
Mexico

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