



NOTE: SERVICE WILL BE AT 12:00  
NOON AT ST. ANDREWS AT SAN  
LUCAS 19, RIBERAS DEL PILAR

## "Happiness"

**Presenters: Cat Barnett and June Wilson**

Everyone wants to be happy, don't they? Members June Wilson and Cat Barnett will explore information about happiness from scholars, philosophers and ordinary people concerning how we can create more happiness in our own lives and spread happiness to others.

NOTE: SERVICE WILL BE AT 12:00  
NOON AT ST. ANDREWS AT SAN  
LUCAS 19, RIBERAS DEL PILAR

## "Spaciousness of Belief"

Presenter: Rev. Matt Alspaugh

Dee Dee Camhi: Service Associate

What attracts so many of us Unitarian Universalism in the first place, and why we stay, is that the UU tradition allow a wide latitude for spiritual belief and practice, and the tradition encourages wide and deep spiritual exploration. How did we come to value freedom of belief so dearly? What are the limits to belief?

***Special Note: Maria Blanco, Director of Asociación ProMexico at the San Juan Cosala center has been invited to share information about the organization at our service on February 18.***



### Rev. Matt Alspaugh

Well, we made it through our first full service at our new location, Saint Andrews church!

I'm trying to pay attention to all the things, large and small, that may shift and change as a result of our move. We are in a fluid time! But things will have a tendency to settle into patterns, to solidify, and we should be mindful as to how they do settle.

This reminds me of other major life changes, such as a house move. It's easy for initial decisions to become patterns or habits. I still go to certain shops in Riberas, which is where we first landed when we moved to Lakeside, because I either like the shopkeepers or know their products. Or maybe because I haven't bothered to find vendors closer to my current home.

In the same way, the move of our fellowship invites, even imposes, changes in what we do. For example, last Sunday, I was able to use one of Saint Andrews' body pack microphones, the kind where the microphone slips over your ear, and you can walk around as you speak. I found that ability to move around gave me more freedom and energy as I spoke. I also noticed that using that microphone brought back memories of previous congregations where I had access to that technology, and in some way, I found myself channeling a

younger Matt as a result. I don't know if that came through to you in the audience; for me, it was invigorating.

On that first Sunday, we also experimented with a different way to do joys and sorrows. Our coffee hour is certainly vastly different. And we may have to revisit some of our old policies, like allowing dogs (the St. Andrews campus supports a couple of cats.)

In this time of fluidity, each of us may have our own personal decisions to make: Do I join friends for coffee hour before the service and then go to a late lunch after? Or do I prefer to arrange brunch before the service and then have a little coffee after? It's good to be thoughtful, even curious — individually or as a group — as we explore various choices.

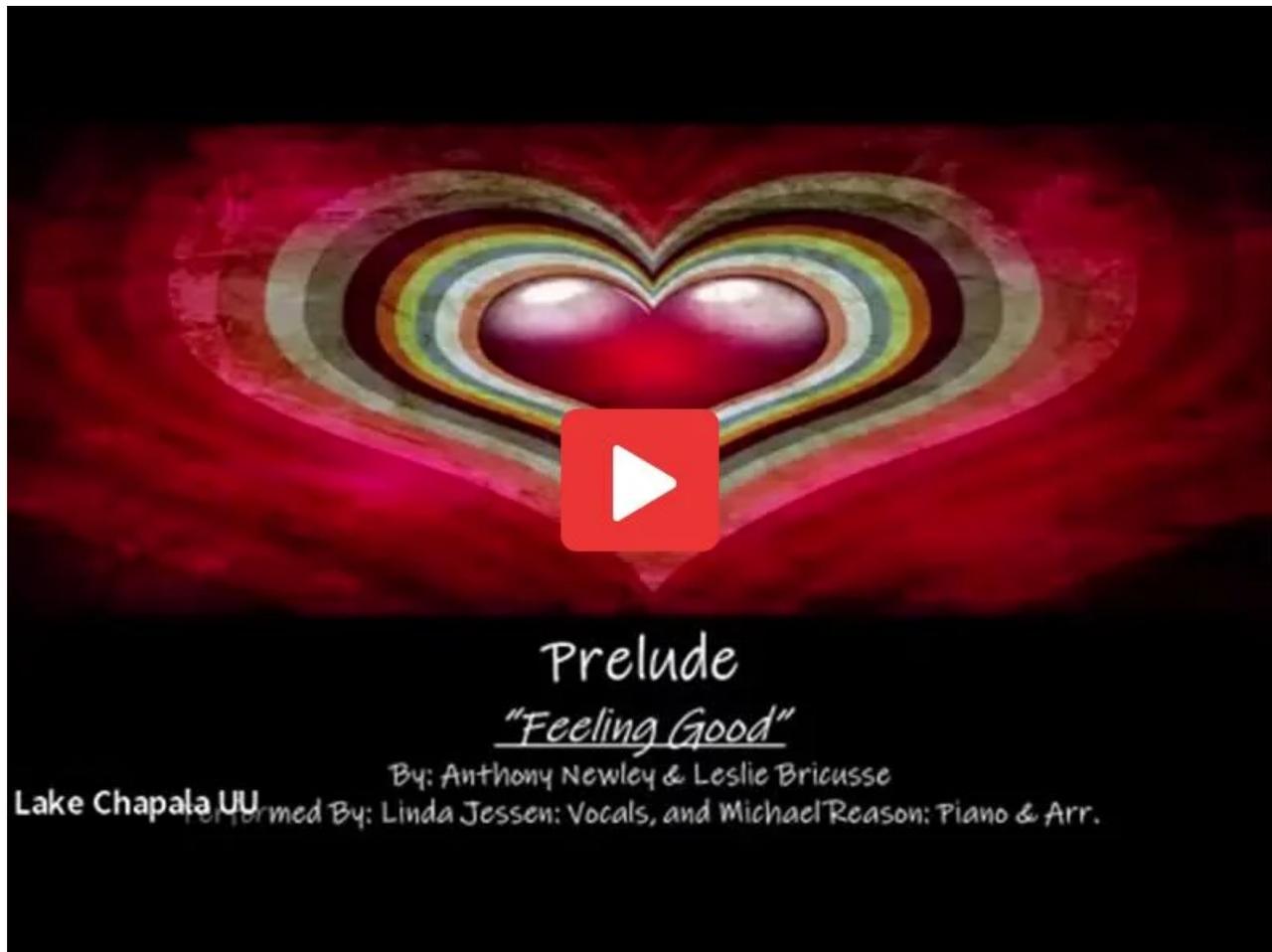
In this fluid time, let's be mindful of the patterns we create as we live into the new space. Let's also be mindful that we share the space with the folks at Saint Andrews as well as Bare Stage. I am certain that interacting with them will at times require some artful and creative compromise, but will ultimately be rich and beneficial for us.

---

## A New Time And A New Beginning

LCUUF held its first service at the new location on Sunday Feb. 4th., a service exploring broader tradition of Valentine's Day here in Mexico. A beautiful way to begin in our new home. A link to a video of the service is below if you missed it or would like to watch it again.





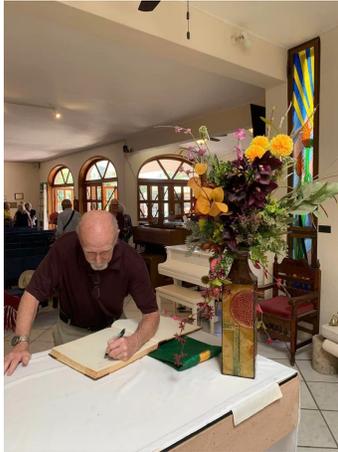
## Miss The Service Last Sunday?

Here is the video recording for  
Sunday February 4th, 2024

---

### **New Members Highlight New Beginning at St. Andrew's**

On Sunday, Feb. 4th LCUUF welcomed new members Hyacinth Miller, Priscilla Taylor and Edward Fahy (Ted). A great first day at our new location.



## UU Conversations With A View!

Meet other UUs on Thursdays at 10:30am for conversations at Los Gringos (above the ice cream place) on the Plaza. New friends are always welcome!

## February Humanist Discussion Group

The Humanist Discussion Group will meet **Wednesday, Feb 28, 2024** at 11 am Via Zoom.



**February Topic:**

2024 has been called the year of the election. Over 50 countries have had or will have elections changing the global face of democracy. On top of that there is a major shift in the balance of the global superpowers. So the question we discuss is: What is the State of the World?

If you want to be added to the reading list email Bob Koches at

[bobkoches@gmail.com](mailto:bobkoches@gmail.com)

[Click to join on Zoom](#)

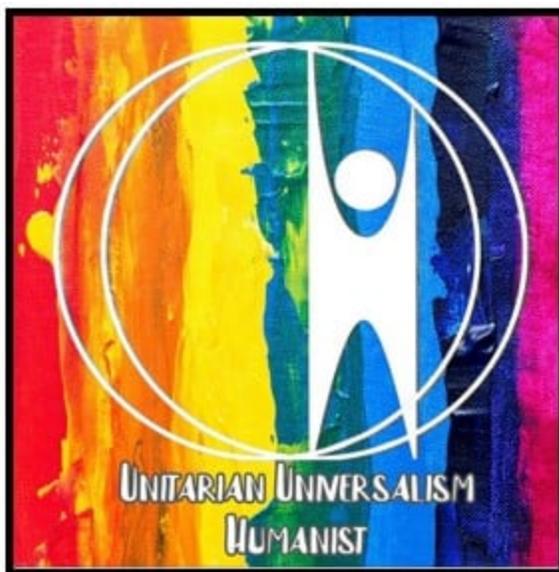
---

**WEEKLY AND MONTHLY EVENTS**

**Click on the + for info and links**

**Humanist Discussion Group-Wed Feb. 28  
11am**

**+**



Wednesday Feb 28 11:00am on Zoom (CST)

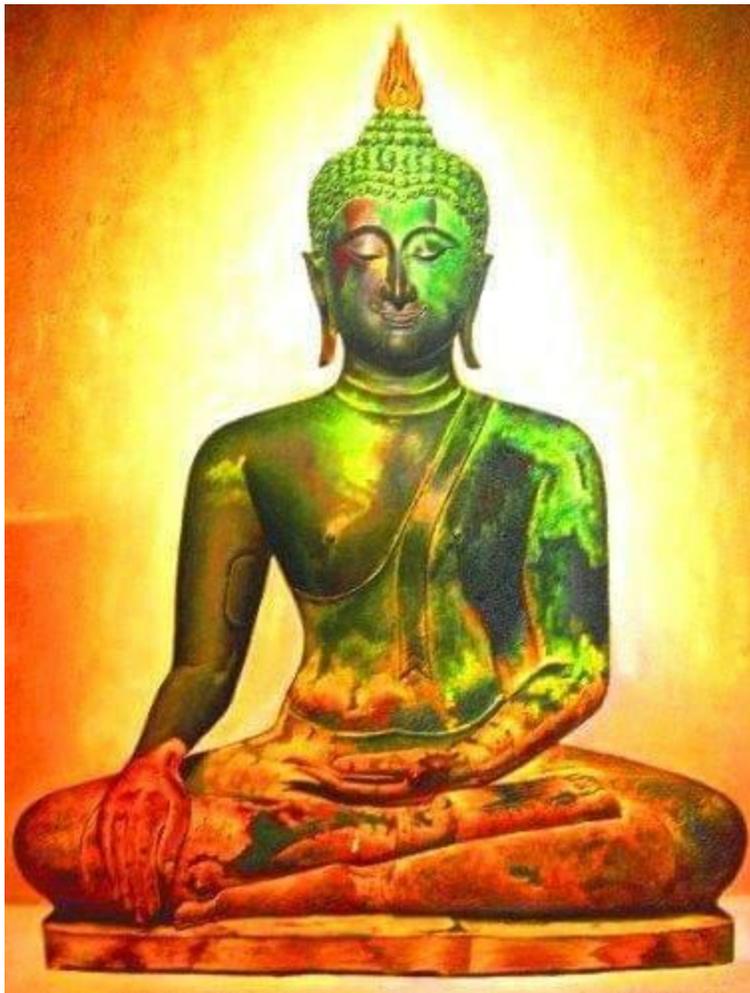
2024 has been called the year of the election. Over 50 countries have had or will have elections changing the global face of democracy. On top of that there is a major shift in the balance of the global superpowers. So the question we discuss is: What is the State of the World? If you want to be added to the reading list email Bob Koches at [bobkoches@gmail.com](mailto:bobkoches@gmail.com)

[Click to join on Zoom](#)

## **Zoom Women's Group: 1st and 3rd Mondays**     +

12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact [CLuriaARNP@gmail.com](mailto:CLuriaARNP@gmail.com) for topics

## **Zoom Meditation Lessons: 3-4pm Thursdays**     +



Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. Richard Clarke, Facilitator. To find out more contact: [riberasmeditation@gmail.com](mailto:riberasmeditation@gmail.com)

Click to join on Zoom

**Coffee "Above" The Plaza: Thursdays  
10:30am**

+

Meet other UUs for weekly conversations at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

**Open Zoom Conversation: Fridays 2pm**

+

Conversation is open to all questions. Email Richard Clarke at [arunachalakindle@gmail.com](mailto:arunachalakindle@gmail.com)

Click to join on Zoom

---

## February Birthdays!

Eric Luria 2/1

Robin McCormick 2/5

Mary Roam 2/12

Donna Burroughs 2/13

Reynolds 2/13

Richard Krueger 2/13

Ricki Martin 2/15

Karawynn Long 2/22

Susan Reynolds 2/22

Gloria Rathwell 2/29

---

---

**Have News You Want To Share? Send it  
to:**

**[newsletter@lcuuf.org](mailto:newsletter@lcuuf.org)**

**Past Newsletters are Available on our  
Website**

**<https://lakechapalauu.org/lcuuf-monthly-newsletters/>**.

**Lake Chapala Unitarian Universalist Fellowship**

**San Lucas 19 Riberas del Pilar,  
Chapala, Mx**

You received this email because you signed up  
with our welcome team or requested to be added  
to our mailing list. Click on the email below to  
unsubscribe.

[newsletter@lcuuf.org](mailto:newsletter@lcuuf.org)