

# LCUUF NEWS OF THE WEEK



Issue 48

Feb 18, 2024 - Feb 25, 2024

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**Attend our weekly services in person or via Zoom on Sundays at 12:00pm CST. We are located at St. Andrews Anglican Church, San Lucas 19, Riberas del Pilar.**

[Click for Zoom](#)

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## UPCOMING SERVICES



**This Week: February 18th**

**Next Week: February 25th**

**NOTE: SERVICE WILL BE AT 12:00 NOON AT ST. ANDREWS AT SAN LUCAS 19, RIBERAS DEL PILAR**

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## "Spaciousness of Belief"

**Presenter: Rev. Matt Alspaugh**

**Dee Dee Camhi: Service Associate**

What attracts so many of us Unitarian Universalism in the first place, and why we stay, is that the UU tradition allow a wide latitude for spiritual belief and practice, and the tradition encourages wide and deep spiritual exploration. How did we come to value freedom of belief so dearly? What are the limits to belief?

*Special Note: Maria Blanco, Director of Asociación ProMexico at the San Juan Cosala center has been invited to share information about the organization at our service on February 18.*

## "An Exploration of Prayer Practices or Do UUs Pray?"

**Presenter: D'Vorah Kelley**

**Kathy Varty: Service Associate**

As Unitarian Universalists we often come together to explore various spiritual practices. In this service we weill explore the many facets of prayer, while recognizing the diversity of beliefs within our community. We will create a sacred space where we can reflect, connect, and find inspiration. about why and how prayer might be something we as UUs might want to practice, or at least explore.



## Miss The Service Last Sunday?

**Here is the video recording for  
Sunday February 11th, 2024**

## St. Andrew's House Rules

Here is important information from St. Andrews regarding their building use practices and procedures.

### Fresh Flowers

Saint Andrew's tradition is to have fresh flowers each week in front of the sanctuary which LCUUF will get to enjoy. The cost of the flowers is \$600 per week. The following Monday after the service, the flowers are broken down into smaller arrangements and distributed to the sick and shut ins. The flowers can be sponsored in memory of a loved one, birthdays, anniversaries, or other special occasions. If you would like to sponsor the flowers, sign up at Saint Andrew's welcome table, put \$600 in an envelope and indicate for flowers and the message you would like to be in the Saint Andrew's bulletin, your name and drop it in the LCUUF donation basket.



### Coffee Time

Please enjoy your coffee before or after the service in the beautiful garden. No open containers in the sanctuary. There is a basket for coffee donations at the coffee table. It is not required; however, it defers some of the cost of the coffee. Arturo the gardener makes sure the coffee items are put away and closes the property afterward. The cups are washed by the cleaner on Monday's.

### Car Washing Available

Arturo is available on a first come, first served basis to wash cars during the service. It is your discretion on what to pay him, typically between \$50-\$100 pesos.

### No Dogs Please

Saint Andrew's has 2 resident cats on the property, and it has not been the custom for parishioners to bring dogs on the property. If for some reason you need an exception, please email the Saint Andrew's Vestry with your request at [standrewsparishlakeside@gmail.com](mailto:standrewsparishlakeside@gmail.com) with an explanation.





## Mindfulness With Richard Every Thursday on Zoom

Every Thursday from 3pm - 4pm our own Richard Clarke leads a Meditation Lesson on Zoom. The above video is a recording of his most recent session.

Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. To find out more contact: [riberasmeditation@gmail.com](mailto:riberasmeditation@gmail.com). Click below for the Zoom link for the next session Thursday, Feb. 22nd.

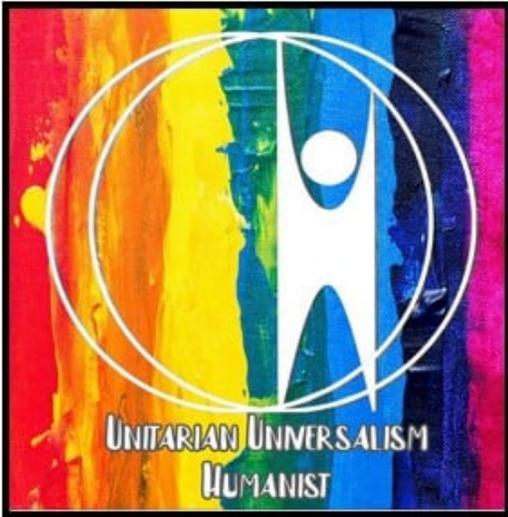
Join Me On Zoom

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## UU Conversations With A View!

Meet other UUs on Thursdays at 10:30am for conversations at Los Gringos (above the ice cream place) on the Plaza. New friends are always welcome!



## February Humanist Discussion Group

The Humanist Discussion Group will meet **Wednesday, Feb 28, 2024** at 11 am Via Zoom.

### February Topic:

2024 has been called the year of the election. Over 50 countries have had or will have elections changing the global face of democracy. On top of

that there is a major shift in the balance of the global superpowers. So the question we discuss is: What is the State of the World?

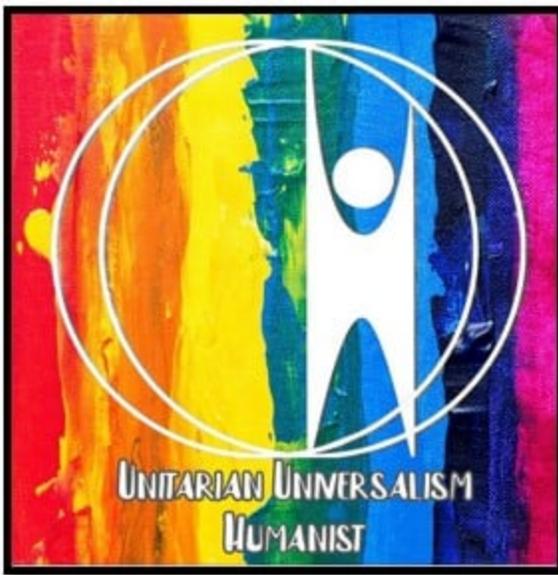
If you want to be added to the reading list email Bob Koches at [bobkoches@gmail.com](mailto:bobkoches@gmail.com)

[Click to join on Zoom](#)

**WEEKLY AND MONTHLY EVENTS**  
Click on the + for info and links

**Humanist Discussion Group-Wed Feb. 28  
11am**

**+**



Wednesday Feb 28 11:00am on Zoom (CST)

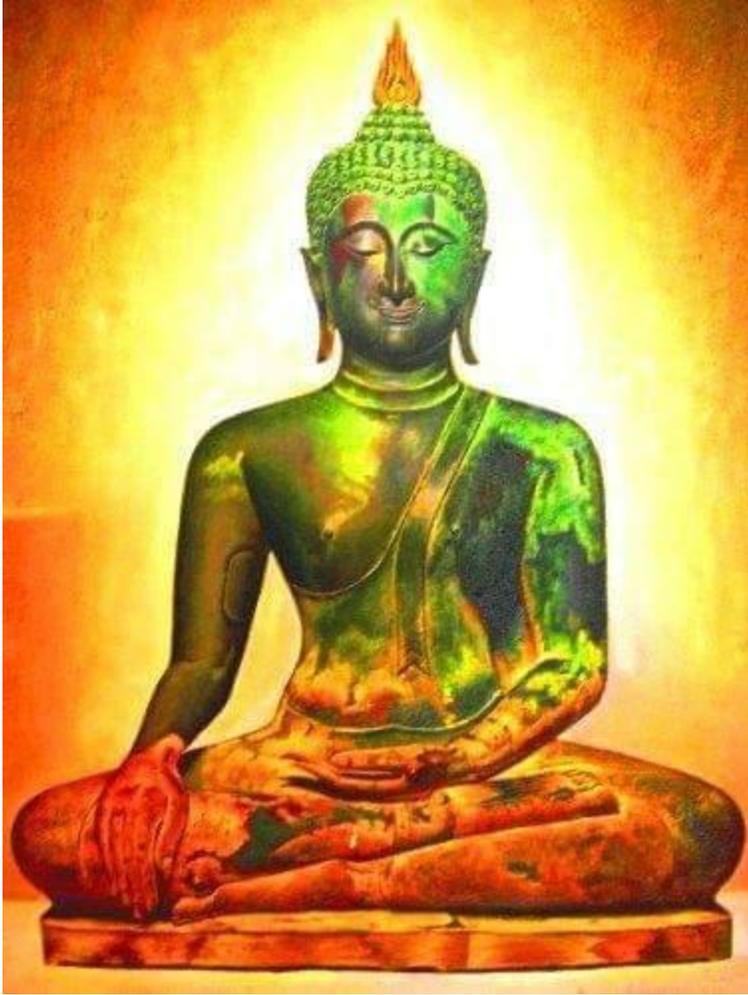
2024 has been called the year of the election. Over 50 countries have had or will have elections changing the global face of democracy. On top of that there is a major shift in the balance of the global superpowers. So the question we discuss is: What is the State of the World? If you want to be added to the reading list email Bob Koches at [bobkoches@gmail.com](mailto:bobkoches@gmail.com)

[Click to join on Zoom](#)

### **Zoom Women's Group: 1st and 3rd Mondays** +

12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact [CLuriaARNP@gmail.com](mailto:CLuriaARNP@gmail.com) for topics

### **Zoom Meditation Lessons: 3-4pm Thursdays** +



Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. Richard Clarke, Facilitator. To find out more contact: [riberasmeditation@gmail.com](mailto:riberasmeditation@gmail.com)

[Click to join on Zoom](#)

### **Coffee "Above" The Plaza: Thursdays 10:30am**

+

Meet other UUs for weekly conversations at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

### **Open Zoom Conversation: Fridays 2pm**

+

Conversation is open to all questions. Email Richard Clarke at [arunachalakindle@gmail.com](mailto:arunachalakindle@gmail.com)

[Click to join on Zoom](#)

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# February Birthdays!

Eric Luria 2/1

Robin McCormick 2/5

Mary Roam 2/12

Donna Burroughs 2/13

Reynolds 2/13

Richard Krueger 2/13

Ricki Martin 2/15

Karawynn Long 2/22

Susan Reynolds 2/22

Gloria Rathwell 2/29

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**Have News You Want To Share? Send it to:**

**[newsletter@lcuuf.org](mailto:newsletter@lcuuf.org)**

**Past Newsletters are Available on our Website**

**<https://lakechapalauu.org/lcuuf-monthly-newsletters/>**.

**Lake Chapala Unitarian Universalist Fellowship**

**San Lucas 19 Riberas del Pilar,  
Chapala, Mx**

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**[newsletter@lcuuf.org](mailto:newsletter@lcuuf.org)**