

# LCUUF NEWS OF THE WEEK



Issue 49

Feb 25, 2024 - Mar. 3, 2024

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**Attend our weekly services in person or via Zoom on Sundays at 12:00pm CST. We are located at St. Andrews Anglican Church, San Lucas 19, Riberas del Pilar.**

[Click for Zoom](#)

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## UPCOMING SERVICES



**This Week: February 25th**

NOTE: SERVICE WILL BE AT 12:00 NOON AT ST. ANDREWS AT SAN LUCAS 19, RIBERAS DEL PILAR

**"An Exploration of Prayer Practices or, Do UUs Pray"**

**Presenter: D'Vorah Kelley**



**Next Week: March 3rd**

NOTE: SERVICE WILL BE AT 12:00 NOON AT ST. ANDREWS AT SAN LUCAS 19, RIBERAS DEL PILAR

**"Cooperation Vs. Competition"**

**Presenter: Rev. Matt Alspaugh**

## Kathy Varty: Service Associate

As Unitarian Universalists we often come together to explore various spiritual practices. In this service we will explore the many facets of prayer, while recognizing the diversity of beliefs within our community. We will create a sacred space where we can reflect, connect, and find inspiration. about why and how prayer might be something we as UUs might want to practice, or at least explore.

## Michael Swords: Service Associate

**Rev. Alspaugh will be presenting remote via Zoom this week**



### Member Spotlight: Kathy Varty

**Kathy Varty joined LCUUF In July 2023. Here is more information about Kathy she agreed to share with you.**

After visiting Ajijic for at least 12 years, my husband and I decided to buy a house and move to Ajijic, which we did in June of 2023. I was born and raised in Detroit, Michigan and have lived there, in Germany for two years, and Houston, Texas for 48 years. When I was 16 I lived in Mexico City with an aunt who was getting a master's degree in Latin American History. That is when my love affair with Mexico began! I decided to major in Spanish in my undergrad program and taught Spanish at the junior high level. A few years later, I changed course and have been a psychotherapist in private practice until I retired at the end of 2022. My husband and I have traveled to many places in Mexico, collecting folk art along the way. We love Mexico, Mexican folk art and living in Ajijic. We attended a UU church in Houston so we are thrilled to be part of this vibrant UU community. We are grateful to be here, and are enjoying every minute!

## Share The Basket Recipient for March Is Foodbank Lakeside

Each month, LCUUF donates 5000 pesos or more to an organization in our Lakeside community. We share one half of the offering collected at the Fellowship each week with that organization.

For the month of **March** we are supporting Foodbank Lakeside. FoodBank Lakeside works to relieve the chronic food poverty of our most disadvantaged neighbors, collaborating with donors, volunteers, businesses, and



community organizations to ease suffering and offer the hope of a brighter future throughout the Lakeside Community.

If you are not attending the Fellowship in person, please donate to “share the basket” when you pay your pledge. Donate to “share the basket” separately or indicate what part of your donation is for “share the basket”.

[Visit Their Website](#)

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## **Mindfulness With Richard Every Thursday on Zoom**

Every Thursday from 3pm - 4pm our own Richard Clarke leads a Meditation Lesson on Zoom. The above video is a recording of his most recent session.

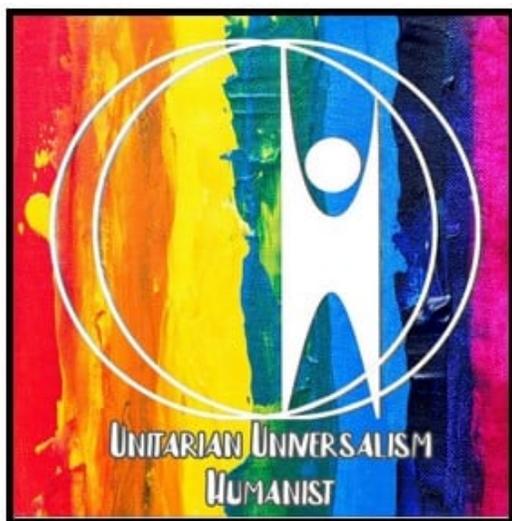
Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. To find out more

contact: [riberasmeditation@gmail.com](mailto:riberasmeditation@gmail.com). [Click below for the Zoom link for the next session Thursday, Feb. 22nd.](#)

Join Me On Zoom

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**Unfortunately the Sunday February 18th Service "Spaciousness of Belief" was not recorded.**



## **February Humanist Discussion Group**

The Humanist Discussion Group will meet **Wednesday, Feb 28, 2024** at 11 am Via Zoom.

### **February Topic:**

2024 has been called the year of the election. Over 50 countries have had or will have elections changing the global face of democracy. On top of

that there is a major shift in the balance of the global superpowers. So the question we discuss is: What is the State of the World?

If you want to be added to the reading list email Bob Koches at [\*\*bobkoches@gmail.com\*\*](mailto:bobkoches@gmail.com)

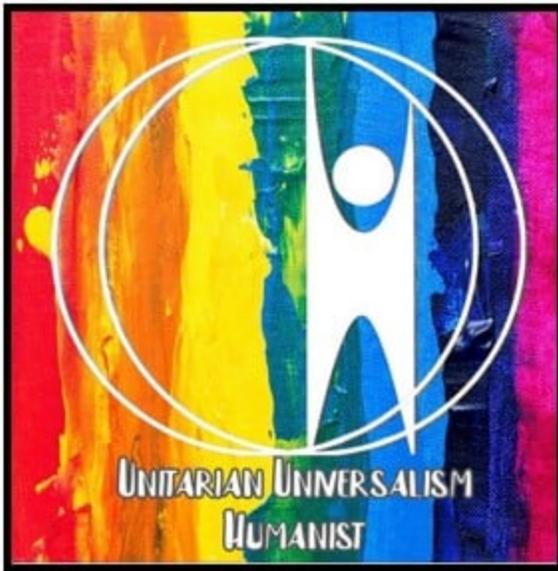
Click to join on Zoom

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**WEEKLY AND MONTHLY EVENTS**  
**Click on the + for info and links**

## Humanist Discussion Group-Wed Feb. 28 11am

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Wednesday Feb 28 11:00am on Zoom (CST)

2024 has been called the year of the election. Over 50 countries have had or will have elections changing the global face of democracy. On top of that there is a major shift in the balance of the global superpowers. So the question we discuss is: What is the State of the World? If you want to be added to the reading list email Bob Koches at [bobkoches@gmail.com](mailto:bobkoches@gmail.com)

[Click to join on Zoom](#)

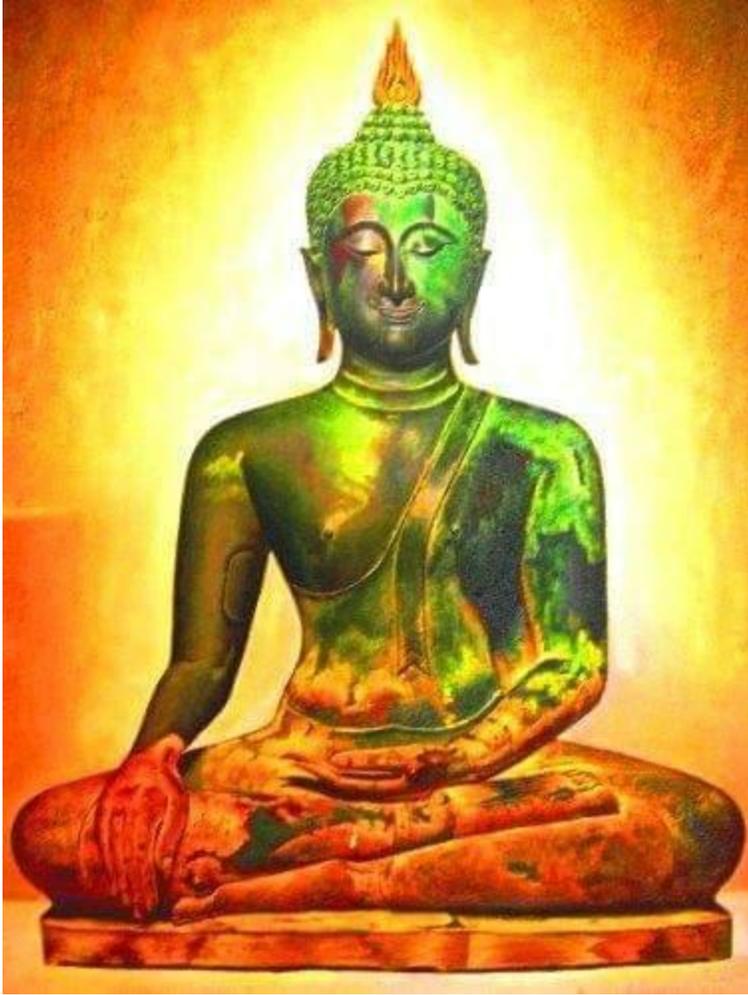
## Zoom Women's Group: 1st and 3rd Mondays

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12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact [CLuriaARNP@gmail.com](mailto:CLuriaARNP@gmail.com) for topics

## Zoom Meditation Lessons: 3-4pm Thursdays

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Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. Richard Clarke, Facilitator. To find out more contact: [riberasmeditation@gmail.com](mailto:riberasmeditation@gmail.com)

[Click to join on Zoom](#)

**Coffee "Above" The Plaza: Thursdays  
10:30am**

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Meet other UUs for weekly conversations at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

**Open Zoom Conversation: Fridays 2pm**

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Conversation is open to all questions. Email Richard Clarke at [arunachalakindle@gmail.com](mailto:arunachalakindle@gmail.com)

[Click to join on Zoom](#)

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# February Birthdays!

Eric Luria 2/1

Robin McCormick 2/5

Mary Roam 2/12

Donna Burroughs 2/13

Reynolds 2/13

Richard Krueger 2/13

Ricki Martin 2/15

Karawynn Long 2/22

Susan Reynolds 2/22

Gloria Rathwell 2/29

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**Have News You Want To Share? Send it  
to:**

**[newsletter@lcuuf.org](mailto:newsletter@lcuuf.org)**

**Past Newsletters are Available on our  
Website**

**<https://lakechapalauu.org/lcuuf-monthly-newsletters/>**.

**Lake Chapala Unitarian Universalist Fellowship**

**San Lucas 19 Riberas del Pilar,  
Chapala, Mx**

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