

LCUUF NEWS OF THE WEEK



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Attend our weekly services in person or via Zoom on Sundays at 12:00pm CST. We are located at St. Andrews Anglican Church, San Lucas 19, Riberas del Pilar.

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UPCOMING SERVICES



This Week: March 24th

"Transformed By Everyday Grace"

Presenter: Pam Cucinell

Colleen Beery: Service Associate

Here in the Northern Hemisphere, the Spring Equinox is March 19th. In a world gone mad, how do we restore balance? A recognition of the Equinox emphasizes the importance of daily encounters with our natural world. From her perspective as an astrologer Pamela Cucinell discusses why so many cultures value this time, and why we might want to as well. The Spring Equinox reminds us that continual adjustments are needed to strive for Balance.



Next Week: March 31st

"He Is Risen, Thinking About The Resurrection"

Presenter: Rev Matt Alspaugh

Service Associate: Michael Swords

"He is risen," some of my Christian friends would tell me on Easter Sunday. Christ's resurrection from the dead is one of the most central elements of Christian faith. Yet we are given few details about the resurrection event itself in the Christian Bible. Instead, the story has been fleshed out in words and images in later times. We'll explore what these say about the resurrection, and how it might be interpreted in a way more meaningful for us today.

Check Out Directory Spot



LCUUF is now using DirectorySpot for our membership directory. DirectorySpot can be viewed on a computer, tablet, or smartphone. You can call, text, email or even “map” with one click from our directory (with certain limitations). You can also create a PDF of the directory to save or print. Contact information can be updated at any time you have a change of address, email, or phone number.

Safety:

- **DirectorySpot access requires an authorized user id and password, so your data is always secure.**
- No data shared with third parties
- Data is encrypted in transit
- You can request that data be deleted

Device Requirements:

- Mac: macOS 11.0 or later and a Mac with Apple M1 chip or later
PC: ?
- iPhone: Requires iOS 11.3 or later.
- Android Phone: 4.4 and up

Download the app for your smartphone here:

[Android](#)

[Apple](#)

How to access and update your information in the Directory:

1. You can only update your information on the /computer version
2. Login to DirectorySpot at <https://www.directoryspot.net/>
3. You will need to use your regular email address as a username and set a password. Save both in a secure space. You can reset the password should you forget it or wish to change it at any time.
4. If you need help, send an email to: directory@lcuuf.org and someone will reach out to help you over the phone or in person.





Our Hospitality Committee Needs Your Help

Hospitality needs friendly people to help with the coffee hour, circle suppers and other events. If you would be willing to help, contact Paula Odom at paulaodom01@gmail.com



Video Recording For The Service On Sunday March 17, 2024

If you would like to view other past services click on the link below which will take you to our video archive.



March Humanist Discussion Group

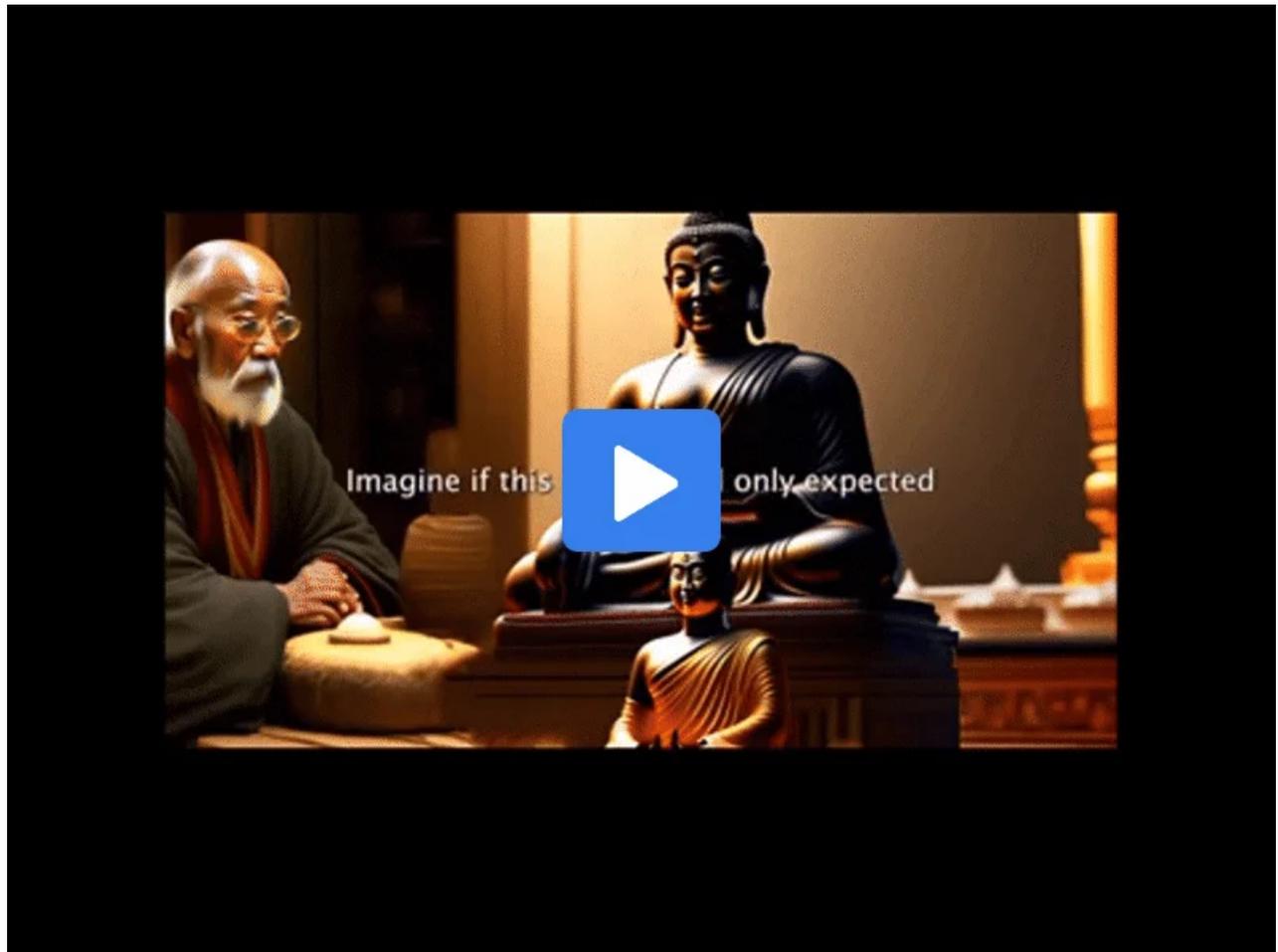
The Humanist Discussion Group will meet
Wednesday, Mar 27, 2024 at 11 am Via
Zoom.

March Topic:

Hate and hate speech online has been
linked to a global increase in violence
toward minorities, including mass shootings, lynchings, and ethnic cleansing.
We will discuss the causes and motivations of the increase.

If you want to be added to the reading list email Bob Koches at
bobkoches@gmail.com

[Click to join on Zoom](#)



Mindfulness With Richard Clarke Every Thursday on Zoom

Every Thursday from 3pm - 4pm our own Richard Clarke leads a Meditation Lesson on Zoom. The above video is a recording of his most recent session.

Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. To find out more contact: riberasmeditation@gmail.com. Click below for the Zoom link for the next session Thursday, Feb. 22nd.

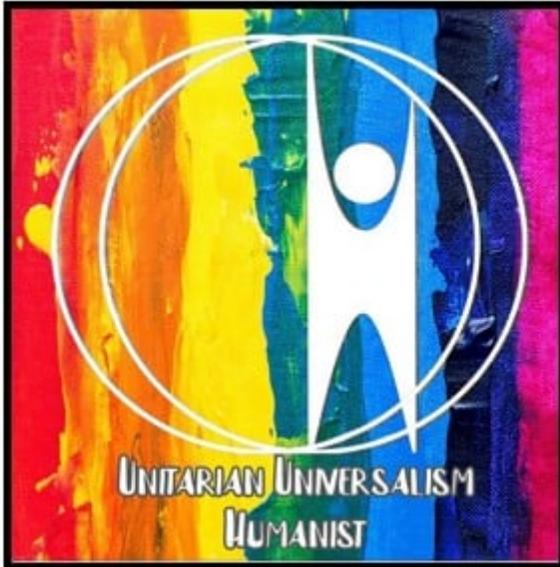
Join Me On Zoom

WEEKLY AND MONTHLY EVENTS

Click on the + for info and links

**Humanist Discussion Group-Wed Mar. 27
11am**

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Wednesday Mar 27 11:00am on Zoom (CST)

Hate and hate speech online has been linked to a global increase in violence toward minorities, including mass shootings, lynchings, and ethnic cleansing. We will discuss the causes and motivations of the increase. If you want to be added to the reading list email Bob Koches at bobkoches@gmail.com

Click to join on Zoom

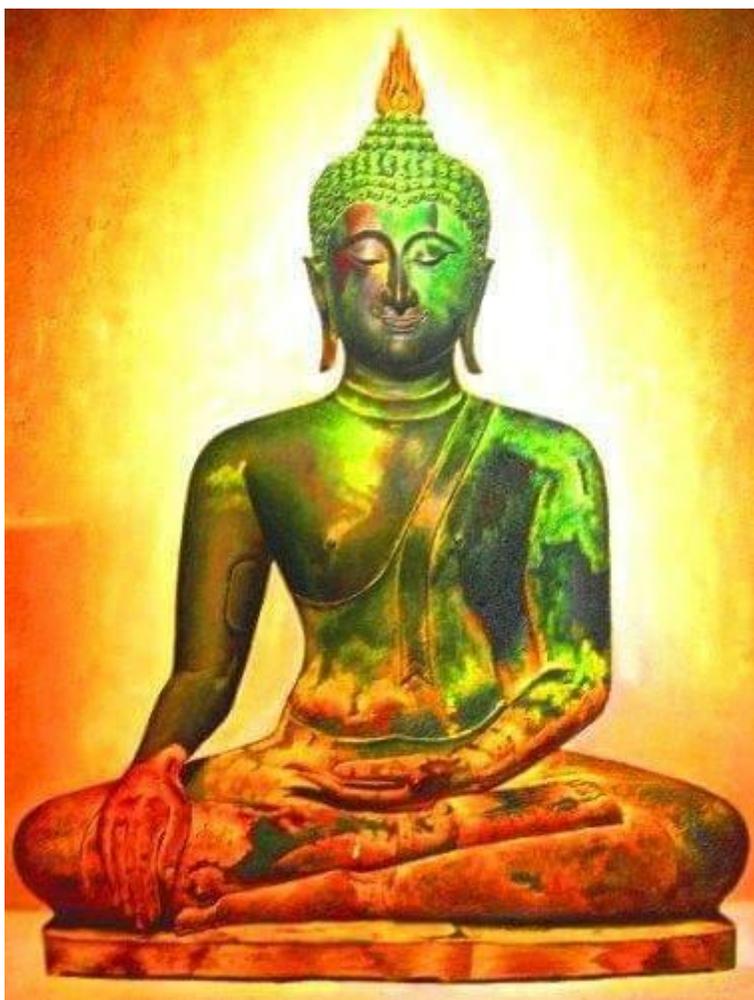
Zoom Women's Group: 1st and 3rd Mondays

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12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact CLuriaARNP@gmail.com for topics

Zoom Meditation Lessons: 3-4pm Thursdays

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Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. Richard Clarke, Facilitator. To find out more contact: riberasmeditation@gmail.com

[Click to join on Zoom](#)

**Coffee "Above" The Plaza: Thursdays
10:30am**

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Meet other UUs for weekly conversations at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

Open Zoom Conversation: Fridays 2pm

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Conversation is open to all questions. Email Richard Clarke at arunachalakindle@gmail.com

[Click to join on Zoom](#)



March Birthdays This Week!

Susanne Bjorner 27th

Paul Bennett 27th

Susan Miller 30th

Have News You Want To Share? Send it to:

newsletter@lcuuf.org

Past Newsletters are Available on our Website

[https://lakechapalauu.org/lcuuf-monthly-newsletters/.](https://lakechapalauu.org/lcuuf-monthly-newsletters/)

Lake Chapala Unitarian Universalist Fellowship

**San Lucas 19 Riberas del Pilar,
Chapala, Mx**

You received this email because you signed up with our welcome team or requested to be added to our mailing list. Click on the email below to unsubscribe.

newsletter@lcuuf.org