

LCUUF NEWS OF THE WEEK



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Attend our weekly services in person or via Zoom on Sundays at 12:00pm CST. We are located at St. Andrews Anglican Church, San Lucas 19, Riberas del Pilar.

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UPCOMING SERVICES



This Week: April 14th

"System Science, Love, & the Interconnected Web of



Next Week: April 21st

"Earth Day"

Presenter: Mario Padillo

Existence"

Co-Presenter: Bob Koches

Service Associate: Jane Castleman

Service Associate: Tim Boeve

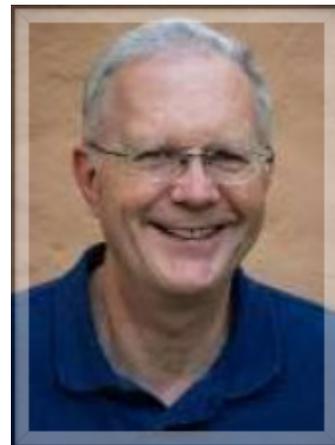
Taking a holistic approach, this UU sermon challenges our traditional ways of thinking and explores the 7th UU principle and love, through the interconnected lenses of system science, gestalt thinking, and the Japanese concept of finding your purpose, known as ikigai. We'll explore how these ideas can create a new perspective where love is the foundation for interconnected, purposeful living, and how understanding ourselves as part of a greater whole, embracing all aspects of life, and finding our purpose cultivates a more loving and interconnected world.

Rev. Matt Alspaugh

We had a wonderful Volunteer Recognition ceremony during our Sunday Service last week. It was a reminder that we need to be more thoughtful in appreciating the effort our members put into sustaining our fellowship. Beyond recognition, we are reminded to pay attention to the things that motivate our volunteers, what they need to be successful, and how tasks might need to change to accommodate the needs of volunteers. Sometimes the old ways don't work anymore, sometimes old activities need to end so there is energy for new activities, new things people are willing to participate in, and work for.

We followed that service with a Volunteer Fair, where the various groups and teams in the fellowship could talk about their work and seek volunteers. This was a successful event, and several people signed up for things right away. We hope to repeat this Fair again, maybe in the Fall.

As we get past having to focus on our relocation and on settling in at the new building, we're able to turn to programs and activities for the fellowship. Here are several activities that are happening in the coming months.



“Overview of Anglicanism for UUs” - Wed, May 1, 11am

“Overview of UU for Anglicans” - Wed, May 8, 11am

These two presentations introduce the beliefs and history of our two religious traditions. We'll also talk about the history and organization of our two Lakeside congregations. While each presentation is primarily intended for folks in the other tradition, both can be a useful introduction for folks within their own tradition. They will be led by ministers and lay leaders from each tradition.

“Calm, Cool, Collected: Improving your Stage Presence”

Sat, Jul 20 1pm (after rehearsal at St. A.)

This short workshop will provide tips on improving your speaking in front of an audience, having a better stage presence, and handling the inevitable problems with poise and ease. We'll also touch briefly on tech (microphones and teleprompter). We'll have some hands on time as well. Rev. Matt leads this workshop.

“Transformative Services”

This is a three-part series, Aug 17, Sep 7 and Sep 28, 1pm - 4:30pm (offsite, time is tentative)

This is a workshop adapted from “Worship for Transformation: A UU Institute Training” by Rev. Erika Hewitt. It offers a “deep dive into what makes worship transformative.” The format consists of videos and materials that you view on your own, and then we meet to discuss and reflect on how the material might work for us.

There is a \$30 fee per person; however, we'll happily offer scholarships to anyone. Led by Rev. Matt and the Sunday Services Team.



**Healing Energy Circle
Monthly on 2nd
Thursdays at 4pm**

This is a new group gathering to focus on healing, peace and well-being. Our methods employ Reiki distance healing. This is group, not individual work. All LCUUF members

are welcome regardless of experience. **Facilitators: D’Vorah Kelley and Pamela Cucinell, Reiki Practitioners**

**Quarterly Sunday Service Planning: Sunday
April 14th**



The Sunday Service Committee invites you to the next **Quarterly Planning meeting on April 14**, directly after the service. Please plan to attend and be part of the broader "worship team" as we plan services for the next three months. If you cannot attend, but are interested in being a service associate, or have a topic of interest to share, contact D'Vorah Kelley at dvorahc.kelley@gmail.com.

IMPORTANT PARKING REMINDER!

Please be careful when parking in the St. Andrew's parking lot and be sure that you do not block the exit. (Someone blocked the exit last week) THANK YOU!



"Hearts of Service"
Volunteer Appreciation Sunday
Rev. Matt Alspaugh & Kriss Gang, Speakers
Eric Luria, Service Associate
Lake Chapala UU
April 7, 2024

Video Recording For The Service "Hearts of Service" On Sunday April 7, 2024

If you would like to view other past services click on the link below which will take you to our video archive.



April Humanist Discussion Group

The Humanist Discussion Group will meet **Wednesday, Apr 24, 2024** at 11 am Via Zoom.

April Topic:

Complexity science studies how simple rules can lead to incredibly complex

behaviors across diverse systems from physics to social networks. Our Humanist discussion will explore core complexity concepts like emergence and chaos theory, examine real-world applications, and delve into the philosophical implications of a complexity-driven scientific worldview.

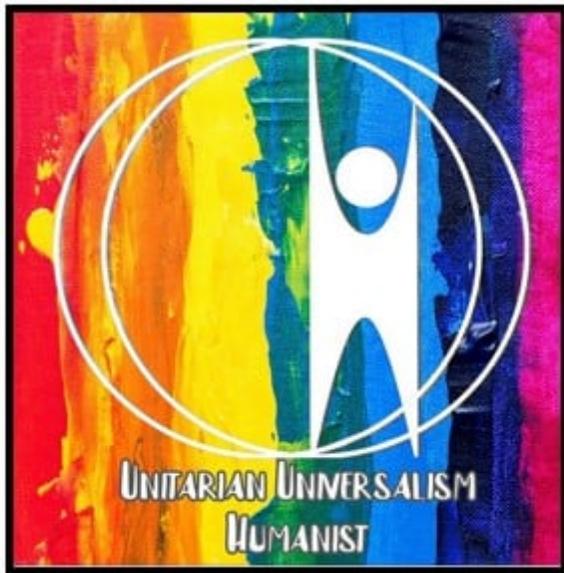
If you want to be added to the reading list email Bob Koches at bobkoches@gmail.com

[Click to join on Zoom](#)

WEEKLY AND MONTHLY EVENTS
Click on the + for info and links

**Humanist Discussion Group-Wed Apr. 24
11am**

+



Wednesday Apr.24 11:00am on Zoom (CST)

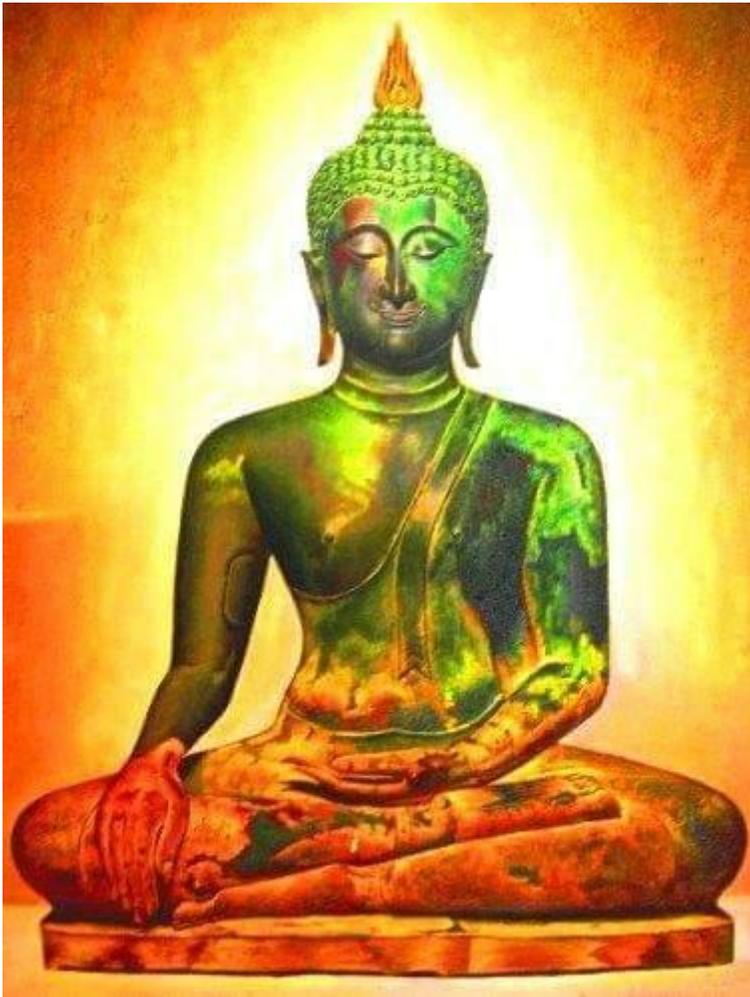
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[Click to join on Zoom](#)

Zoom Women's Group: 1st and 3rd Mondays +

12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact CLuriaARNP@gmail.com for topics

Zoom Meditation Lessons: 3-4pm Thursdays +



Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. Richard Clarke, Facilitator. To find out more contact: riberasmeditation@gmail.com

[Click to join on Zoom](#)

**Coffee "Above" The Plaza: Thursdays
10:30am**

+

Meet other UUs for weekly conversations at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

Open Zoom Conversation: Fridays 2pm

+

Conversation is open to all questions. Email Richard Clarke at arunachalakindle@gmail.com

[Click to join on Zoom](#)



April Birthdays This Week!

Peter Jessen 14th

Phillis Avalon Rosh 18th

Myra Williams 18th

**Do You Have News You Want To Share?
Send it to:**

newsletter@lcuuf.org

**Past Newsletters are Available on our
Website**

[https://lakechapalauu.org/lcuuf-monthly-newsletters/.](https://lakechapalauu.org/lcuuf-monthly-newsletters/)

Lake Chapala Unitarian Universalist Fellowship

**San Lucas 19 Riberas del Pilar,
Chapala, Mx**

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