

# LCUUF NEWS OF THE WEEK



Lake Chapala Unitarian  
Universalist Fellowship



Issue 89

Dec 1 - Dec 8, 2024

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Attend our weekly services in person or via Zoom on Sundays at 12:00pm CST. We are located at St. Andrews Anglican Church, San Lucas 19, Riberas del Pilar.

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## UPCOMING SERVICES



## **This Week: Dec 1**

### **"Coming Into The Present Moment"**

**Presenter: Rev Matt Alspaugh**

**Service Associate: Priscilla Taylor**

The spiritual teacher Eckhart Tolle wrote, "Unease, anxiety, tension, stress, worry - all forms of fear - are caused by too much future, and not enough presence. Guilt, regret, resentment, grievances, sadness, bitterness, and all forms of non-forgiveness are caused by too much past, and not enough presence." We'll explore this thing called 'presence', being in the present moment, how we might find it, and what might emerge from being more present.



## **Next Week: Dec 8**

### **"The Virgin of Guadalupe"**

**Presenter: Noris Binet**

**Service Associate: Tim Boeve**



## Pledge Campaign Status as of Nov 28

Active Members Participating	23 %
Pledge Revenue Goal Achieved	32 %

## Please Make Your Pledge For 2025-2026 NOW!

Thank you to all who have pledged. If you have not yet made your pledge you can contact Al Castleman at [alcastleman@yahoo.com](mailto:alcastleman@yahoo.com) or click on the button below to get a pledge card. Here where the campaign stands to date:

- **Campaign timeframe:** 67% gone ... 4 weeks down, **2 weeks to go!**
- **Participation:** 22.3% ... 25 pledgees of my estimate of 112.
- **Pledge goal:** 31.9% ... MXN 318,800 pesos of a 1,000,000 peso goal.

The sooner we hear from you the sooner we will know about all the things we can afford to do in 2025

[Make Your 2025-2026 Pledge](#)

# Share The Basket News

## Poco A Poco Is The December Share The Basket Recipient

And while you are considering your gifts to the fellowship, remember that each month, LCUUF donates 5000 pesos or more to an organization in our Lakeside community. We share one half of the offering collected at the Fellowship each week with that organization.

For the month of **December** we are supporting Poco a Poco, which helps people in the San Pedro Itzican and Mezcala area east of us. This organization supports youth and women in this indigenous area through education, teaching local organic food growth, providing food and drinking water to renal patients, feeding over 300 children 5 days a week, offering health services, as well as literacy and English as a second language classes.

If you are not attending the Fellowship in person, please donate to “share the basket” when you pay your pledge. Donate to “share the basket”



[Poco a Poco Website](#)

## Please Help Operation Feed Collect Personal Items For Their Families

Operation Feed is collecting personal items for their families this holiday season. The list of items needs is on the right. There will be a basket to collect the items which will be by the entrance of the church starting this coming Sunday.

Operation Feed is collecting *Personal Care Products* to pass out to our Families at Christmas Time.



- Bar Soap
- Liquid Soap
- Hand Sanitizer
- Toothbrush
- Hairbrush
- Pads
- Body Wash
- Body Lotion
- Deodorant
- Toothpaste
- Comb
- Shampoo

## Sunday Service Committee Needs Your Help



Your Sunday Service Team (SST) has been continuing to provide thoughtful, spiritual, and informative services each Sunday. But we need YOUR help! The next Quarterly Planning Meeting will take place directly after the service on December 1 to plan January and February services. Have an idea for a topic you might want to explore? Want to be one of our valued Service Associates? Be a reader? We now have a "Brain Trust" (aka brainstorming) group ready to help put your ideas into action! Or, just come and give your ideas without committing to being the one to necessarily implement them. Or, just come and observe the process. Can't make it to the meeting but want to contribute? Contact any of the members of the SST (we are on the website1).



## For The Love Of Chocolate and LCUUF

Hanna Frederick, LCUUF member and professional chocolatier, has brought her talent and treasure to LCUUF in the form of the most wonderful Chocolates. She has been crafting her custom chocolates and selling them before and after services. This holiday season she will be selling her

chocolates every Sunday from now through Christmas. (except November 30th)

Hanna uses 70% dark organic chocolate made in Tabasco MX by CACEP. Lo carb, no sugar added to the ganache. Real fruits, nuts, no artificial stuff. Very Healthy!

The cost is 15 pesos per chocolate. If possible bring a plastic container or plastic bag for your purchases.

100% of the proceeds will go to LCUUF. A most delicious way to support our congregation.

# Replacing Dogmas with Core Values

Dave's Existentialist/Stoic Jour



Lakeside Unitarian Universalists, November 24th, 2024

Lake Chapala UU

## Video Recording for the November 24



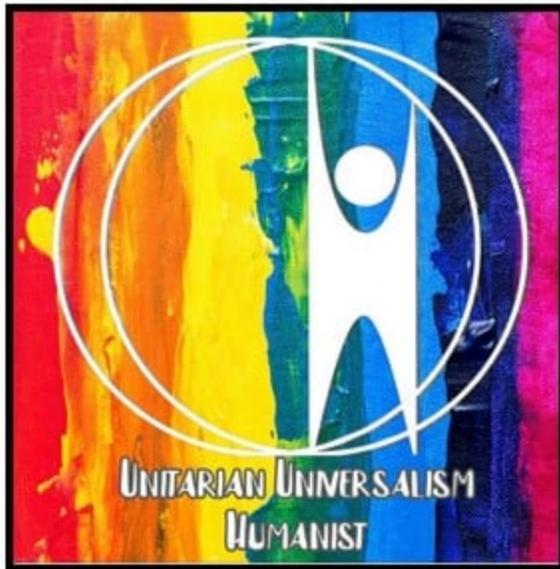
### December Humanist Discussion Group Holiday

The Humanist Discussion Zoom Meeting will be on Holiday Break during December. We will be back in January. If anyone has topics they would like to discuss this next year, please email them to [bobkoches@gmail.com](mailto:bobkoches@gmail.com). Happy Holidays.

**WEEKLY AND MONTHLY EVENTS**  
Click on the "+" for details

## Humanist Discussion Group Dec Break

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No Discussion for December

The Humanist Discussion Zoom Meeting will be on Holiday Break during December. We will be back in January. If anyone has topics they would like to discuss this next year, please email them to [bobkoches@gmail.com](mailto:bobkoches@gmail.com). Happy Holidays.

[Click to join on Zoom](#)

## Women's Group: 1st , 3rd and 4th Mondays

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12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact [CLuriaARNP@gmail.com](mailto:CLuriaARNP@gmail.com) for topics. Now you can join us for a brown bag lunch on the 4th Monday of each month at Trudy Crippen's house. RSVP Trudy if you plan to attend. [trudycrippen@gmail.com](mailto:trudycrippen@gmail.com)

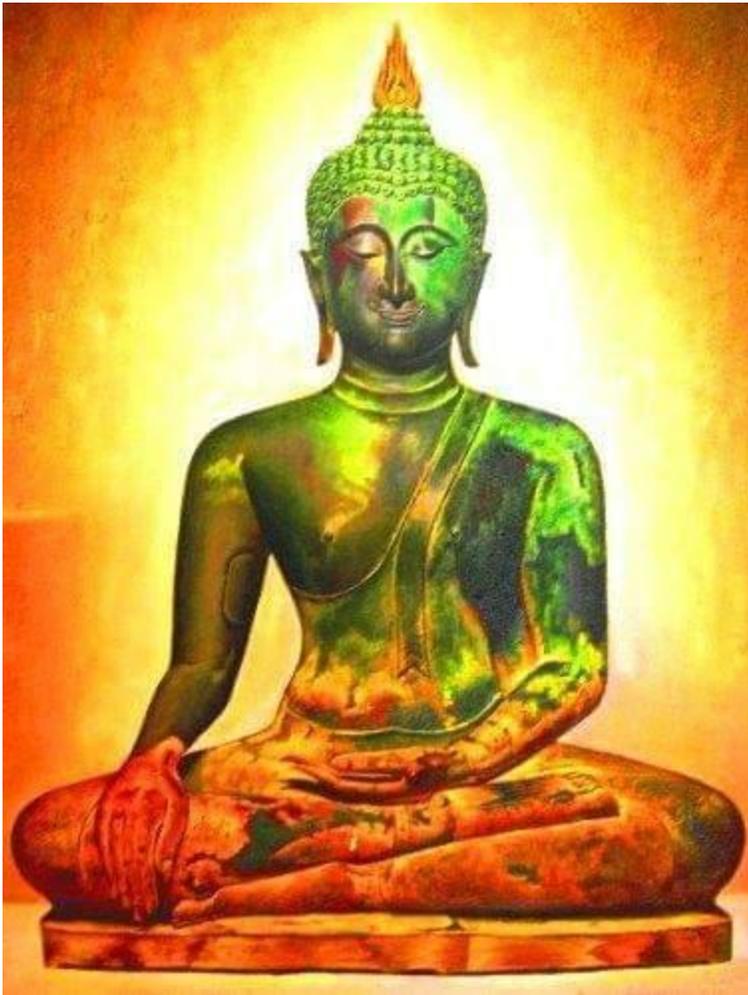
## Healing Circle Monthly: 2nd Thursday 4pm

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This is a group gathering to focus on healing, peace and well-being. Our methods employ Reiki distance healing. This is group, not individual work. All LCUUF members are welcome regardless of experience. Facilitators: D'Vorah Kelley and Pamela Cucinell, Reiki Practitioners

**Zoom Meditation Lessons: 3-4pm Thursdays** +



Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. Richard Clarke, Facilitator. To find out more contact: [riberasmeditation@gmail.com](mailto:riberasmeditation@gmail.com)

[Click to join on Zoom](#)

**Coffee "Above" The Plaza: Thursdays  
10:30am**

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Meet other UUs for weekly conversations at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

**Open Zoom Conversation: Fridays 2pm**

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Conversation is open to all questions. Email Richard Clarke at arunachalakinle@gmail.com

[Click to join on Zoom](#)



merry  
birthday

## BIRTHDAYS THIS MONTH

Bill Frayer, December 8

Johannes Bjorner, December 9

Roy Haynes, December 10

David Roush, December 14

Carol Powell, December 15

Carol Cumming Spiers, December 15

Susie (Seibert) Seattle, December 17

Linda Jessen, December 25

Larry Pihl, December 26

Flo Rhodes, December 26

Richard Clarke, December 28

Lake Chapala Unitarian Universalist Fellowship

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