LCUUF NEWS OF THE WEEK Lake Chapala Unitarian Universalist Fellowship Universalist Fellowship June 8 - June 15, 2025 Website Become a Member Facebook Directory Login How To Donate Calendar of Events LCUUF Elected Leaders

Attend our weekly services in person or via Zoom on Sundays at 12:00pm CST. We are located at St. Andrew's Anglican Church, San Lucas 19, Riberas del Pilar.

Click For Zoom

Order Of Service

Contact Care Team

UPCOMING SERVICES



This Week: June 8, 2025

Next Week: June 15, 2025

"Free Will is not Free"

"How Does It Feel To Be A Number"

Presenter: Rev Matt Alspaugh Service Associate: Michael

Swords

Free will is often described as your ability to make choices or actions without being constrained by prior events or the state of the universe. Free will plays an important part in many religions, where we humans may (or may not) have the freedom to make moral choices. We'll explore the philosophy of free will, and how we might incorporate the idea in our own spiritual understandings of our lives in the world.

Presenter: Ted Fahy Service Associate: Priscilla

How Does It Feel to be a Number?

We live in a world where we are told that we are either predictable commodities or victims of random events – in either case implying that we have little or no control over our own lives. We will explore how these dual characterizations are caricatures of two of our deepest human experiences - ritual and acceptance – and how we might otherwise think about our lives.

IMPORTANT NOTICE

This is my last newsletter as editor. Trudy Crippen has agreed to take over as the News of the Week Editor beginning next week.

There will be a new format and fresh content.

PLEASE FORWARD ANY INFORMATION YOU WOULD LIKE INCLUDED IN FUTURE NEWSLETTERS TO:

Trudycrippen@gmail.com

Thank you

Kriss Gang

LCUUF Sunday Zoom Host Needed

Bob Koches is stepping away from being the UU Zoom host on Sunday's so he can attend in person. If you enjoy attending the services on Zoom, please consider hosting. Ideally we would like multiple hosts on the roster to sign up for a month at a time. If during that time you cannot host, you can reach out to the other zoom volunteers to back you up.

Please speak to or contact Bob Koches at bobkoches@gmail.com or Paula Odom at paulaodom01@gmail.com if you can help out.

Thanks in advance for supporting the UU Zoom function.



Upcoming "Hands Off" Rally Activities

New Rally Information!

MONDAY, JUNE 9 @ 4 pm

Making Signs for the No Tyrants / Hands Off! Rally (see next item)

Join us—and express your creativity and help us make signs for this important rally. Supplies provided!

Location: La Estación Pizza Restaurant, Hidalgo 75 in Riberas (above Pancho's East)

SATURDAY, JUNE 14 @ 3:30 pm

Join us at our next, very special No Tyrants / Hands Off Rally!

NEW! Hands Off Rally June 14

Special No Tyrants / Hands Off Rally: Join your fellow U.S. citizens at the latest Peaceful & Respectful Gathering in Ajijic's Main Plaza.

- Save the Date! Saturday, June 14 from 3:30–4:30 pm. This gathering is in solidarity with over 1000 No Tyrants / No Kings / Hands Off events across the U.S. and beyond.
- Bring a friend or two. We want everyone to know they're welcome. Please also
 extend a personal invitation to your Mexican and Canadian friends and
 neighbors. Because what happens in the U.S. does not stay in the U.S.
- Yes, we have a permit.

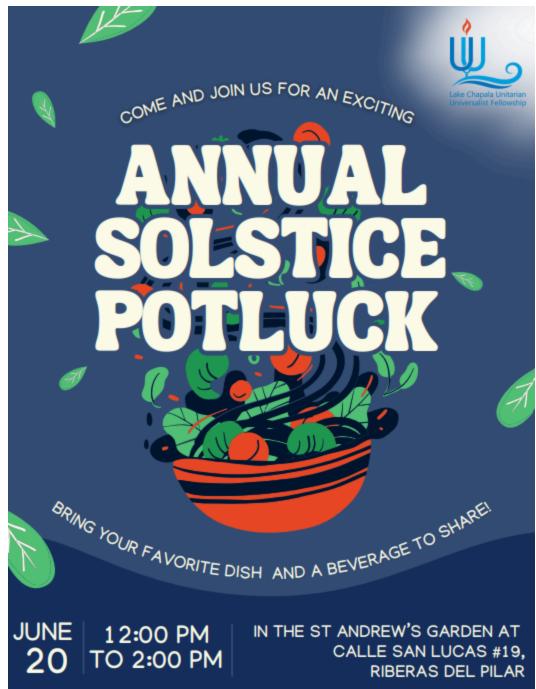
More details below. See you there!

P.S. Also, see below for details re: Sign Making on June 9 in Riberas. You're invited!

*For online chats, texts, etc.:

Join me! New Hands Off Rally Sat, JUNE14 at 3:30 pm in Ajijic Plaza. For details: **shorturi.at/UAfEb**

Also, Sign Making on JUNE 9 in Riberas for this Rally. Let me know



Video Recordings of Last Week's Events

Miss Last Sunday's Service or an Online Discussion or Meditation? Click on the links below to watch Video Recordings from events this past week

Video Recording From Sunday June 1

Mindfulness With Richard Clarke: June 5

WEEKLY AND MONTHLY EVENTS Click on the "+" for details

Humanist Discussion Group June 25 11am



Scientific Breakthroughs and new Technologies Join us for a compelling UU Humanist discussion exploring the latest scientific breakthroughs and technologies reshaping human longevity, from gene editing and senolytics to synthetic biology innovations that slow cellular aging. We will examine cutting-edge research such as the Human Longevity Laboratory's efforts to understand and intervene in biological aging, and synthetic gene circuits engineered to extend cellular lifespan. This conversation will delve into the ethical, social, and philosophical implications of extending healthspan and potentially reversing aging, inviting thoughtful reflection on what it means to live longer and thrive in the future. The Humanist Discussion Group will meet Wednesday June 25 at 11am Central Standard Time Via Zoom. Please note that some US states will be on Daylight Savings Time. The zoom link is:https://us02web,zoom.us/j/86577912863 If you wish to be added to the reading list, contact Bob Koches: bobkoches@gmail.com

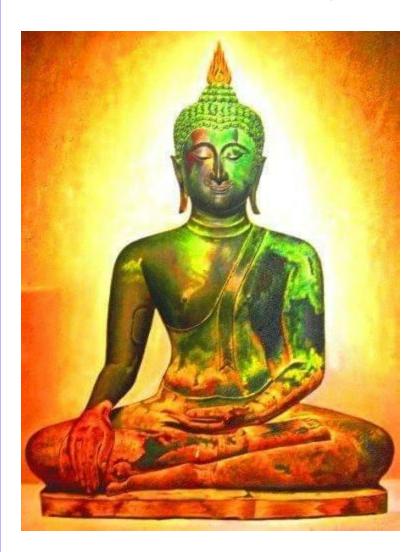
Click to join on Zoom

+

Women's Group: 1st, 3rd and 4th Mondays

12pm - 1pm 1st and 3rd Mondays Monthly Catherine Luria, Facilitator: Contact CLuriaARNP@gmail.com for topics. Now you can join us for a brown bag lunch on the 4th Monday of each month at Trudy Crippen's house. RSVP Trudy if you plan to attend. trudycrippen@gmail.com

Zoom Meditation Lessons: 3-4pm Thursdays +



Mindfulness is the fountain of youth for the mind. It enhances clarity, boosts mood, and keeps stress at bay. Meditation not only helps you age gracefully but also lets you savor life's every moment. Richard Clarke, Facilitator. To find out more contact: riberasmeditation@gmail.com

Click to join on Zoom

Coffee "Above" The Plaza: Thursdays 10:30am

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Meet other UUs for weekly conversations at Los Gringos (above the ice cream place) on the Plaza. Bring a friend!

Open Zoom Conversation: Fridays 2pm

+

Conversation is open to all questions. Email Richard Clarke at arunachalakindle@gmail.com

Click to join on Zoom

Monthly Women's Brown Bag Lunch: 4th Mon.

+

In addition to the 1st & 3rd Mon ZOOM women's group meetings we are adding an IN PERSON BROWN BAG LUNCH at 12N on the 4th Monday. Please contact Trudy if you plan to attend. trudycrippen@gmail.com

HAPPY B 1 RTHDAY

BIRTHDAYS FOR THE REST OF JUNE

Sheryl Swain, June 16

Luis Vazquez, June 21



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