

---

**[lcuuf] LCUUF News of the Week**

1 message

---

**Trudy Crippen via groups.io** <trudycrippen@gmail.com@groups.io>

Fri, Jul 18, 2025 at 3:49 PM

Reply-To: trudycrippen@gmail.com

To: lcuuf@groups.io

**July 20, 2025****This week's Sunday Service, July 20**

Rev. Matt Alspaugh will give the talk, *Our Shared Grief*. Ted Fahy will be the service associate.

As individuals, we are aging, and we experience loss in many and varied ways. Physical death is the most blatant and final: but loss comes also with diminished capabilities of body, mental functioning, emotional resilience, and spiritual fortitude.

Our interconnected community extends the sorrow and pain of loss beyond one's immediate circle of love and support. Join us as we acknowledge our shared losses and celebrate the strength we can maintain in community.

**Next Sunday, July 27**

Guest minister, Lora Brandis, will give the talk, *What Affects One Affects Us All*. June Wilson will be the service associate.

Interdependence is a core value of Unitarian Universalism. We honor the interdependent web of all existence. When we feel the ways we are all connected to each other and to all beings, we know that what affects one affects us all.

Reverend Lora Brandis is a Unitarian Universalist community minister from Dallas, Texas who provides preaching to mostly local congregations, and

served as an on-call hospital chaplain. She is also the part-time Faith Forward Coordinator for First Unitarian Church of Dallas, and is a certified spiritual director. Two days a week she and her husband, Frank, take care of twin grandchildren, Rose and James. Lora previously served congregations in Utah, Idaho, California, and Texas.

(Trudy note: I used to attend First Church in Dallas and my friend, Nancy Lovnander, told me not to miss hearing Lora.)

### **Sunday Service Zoom Link**

<https://us02web.zoom.us/j/233941792>

### **This Week's Hymns**

*Comfort Me*

Sheet music link

<https://static1.squarespace.com/static/5d694b37a45b79000177add6/t/5f8e83de9d79364840647b86/1606321119637/Hymn+1002+Comfort+Me.pdf>

Video link

[https://youtu.be/dEx2\\_ucfQSS?feature=shared](https://youtu.be/dEx2_ucfQSS?feature=shared)

*Lean on Me*

Sheet music link

<https://fpuucanton.org/wp-content/uploads/2024/10/hymn-1021-lean-on-me.pdf>

Video link

<https://youtu.be/bjtmCxGP9J4?si=muhfTMtc8qSatwH0>

### **We are Amazing**

Janice Kimball joins Joyce Kinnear in preparing to publish her new book. Richard Clarke has recently published his latest book.

### **This Week's Calendar**

Wednesday at 11:00, join the Humanist Group for the Zoom discussion.

Contact [bobkoches@gmail.com](mailto:bobkoches@gmail.com) for the link and readings.

Thursday at 10:30, enjoy conversation at Los Gringos, the coffee shop above the ice cream store on the Ajijic plaza.

Thursday from 3:00 to 4:00, join the meditation on Zoom. Contact Richard Clarke at [riberasmeditation@gmail.com](mailto:riberasmeditation@gmail.com).

Friday at 2:00, join open discussion on Zoom. Contact Richard Clarke at [arunachalakindle@arunachalakindle@gmail.com](mailto:arunachalakindle@arunachalakindle@gmail.com).

### **Links**

Last Sunday's service:

<https://youtu.be/T5l9mYs02KE?si=YMLuh9MHayavkrncn>

Last week's meditation

<https://youtu.be/5Z90PMz9BUw?si=DiumpzuyuzR2yfhD>

### **What's Happening Outside the Fellowship**

Jewish End of Life Planning

As we age, we begin to think about the end of life and what all that entails. Chevra Kadisha, which means Holy Society in Hebrew, is a group of volunteers that performs Jewish rituals over the deceased before burial. These rituals include washing the body with dignity, reciting prayers and dressing the deceased in special clothing.

LCJC would like to offer this service to our local Jewish Community. We are putting out a call for Jewish volunteers to become part of this highest mitzvah.

Please join us at the shul on Tuesday, July 22 at 11 a.m. to learn about

this spiritual and hands on process.

RSVP [wyldspirit@gmail.com](mailto:wyldspirit@gmail.com)

—\*—\*—\*—\*—

---

Groups.io Links:

You receive all messages sent to this group.

[View/Reply Online \(#2642\)](#) | [Reply to Sender](#) | [Mute This Topic](#) | [New Topic](#)  
[Your Subscription](#) | [Contact Group Owner](#) | [Unsubscribe](#) [[krisssgang@gmail.com](mailto:krisssgang@gmail.com)]

—\*—\*—\*—\*—