
[lcuuf] LCUUF News of the Week

1 message

Trudy Crippen via groups.io <trudycrippen@gmail.com@groups.io>

Fri, Aug 15, 2025 at 12:03 PM

Reply-To: trudycrippen@gmail.com

To: lcuuf@groups.io

August 17, 2025**This Sunday's Service**

Rev. Matt Alspaugh will give Sunday's talk, *What do Unitarian Universalists (UUs) believe?* This seems like an important question, an obvious question to ask, especially if you are coming from a Protestant Christian background as do many folks in the USA and Canada.

But belief is not the whole picture for UUs. The fact is, UUs can hold a wide variety of spiritual and ethical beliefs and still find they belong in the UU movement. And our beliefs can change over time, and we can still find our home in the UU world. So there's more than just belief that defines us.

We'll explore some of the things beyond belief that hold us together, help us get along even with this variety of belief, and help each us evolve our beliefs as our lives call us to do so. Priscilla Taylor will be the service leader.

Link to Sunday's Service

<https://us02web.zoom.us/j/233941792>

Music for Sunday, from the Music Team

We are trying an experiment this week. Mary Doane, who is a UU minister of music, will be playing the piano this week. She will be playing remotely via Zoom. Mary is from New Hampshire, is a member of the Music Team, and hopefully plans to move here as a snowbird in November.

The two hymns are *The Web of Life* and *Wake Now My Senses*. *The Web of Life* is a brand new hymn created for the new Virtual Hymnal Sing Out Love. Because this is new, we will be practicing this hymn with Mary at 11:30 am on Sunday. Both the PDF of the sheet music and Mary playing the new hymn can be found on the google drive listed below.

<https://drive.google.com/drive/u/0/folders/1Oc6pSmaDZ2xgZp6lagOywR6pTwYy31tC>

Wake Now My Senses, video and sheet music, are in the links below. Will sing verses 1,2 and 5.

<https://www.youtube.com/watch?v=KXbyExj2Erc>

https://www.unityunitarian.org/uploads/6/1/0/3/6103699/wake_now_my_senses.pdf

We have purchased the Virtual Hymnal Sing Out Love. If interested there is a guided tour of the hymnal on the following dates.

Sun. Aug. 24 at 5 p.m.

Mon. Aug. 25 at 3 p.m.

Thurs. Aug 28 at 6 p.m.

<https://uua.zoom.us/j/95126460254>

Meeting ID: 951 2646 0254

New Member Orientation

LCUUF new member orientation will be Saturday, August 16th, 11:30-1:00 in St Andrew's garden. The new member ceremony will be Sunday, August 17th during the service.

A New Women's Contemplative and Sharing Circle

A circle of 6-7 LCUUF women who want to gather for silent time together and to discuss a book on spirituality and aging will begin in September. The goal is to build trust, share deeply and grow in intimacy. Each session will last 1½ hours; we will meet twice a month. If you are interested please email Adele St. Pierre at astpierre2345@gmail.com for more information.

Mark your Calendar

Thursday morning, meet fellowship members and friends at 10:30 at Los Gringos, above the ice cream shop on the Ajijic plaza.

Thursday afternoon, join the weekly mindfulness and meditation Zoom session from 3:00 to 4:00. Contact Richard Clarke, riberasmeditation@gmail.com, for more information.

Friday afternoon, join an open discussion on Zoom at 2:00. Contact Richard Clarke at arunachalakindle@gmail.com.

Birthdays

August 18 Sandy Wallin

August 20 Veronika Slabj

Thanks to the Lecture Series Volunteers

Our two-week lecture series, Understanding Mexican History & Culture concluded with a bang of success yesterday, August 16, thanks to some very hard working people.

First, the Social Action Team, Larry Pihl, Brad Wisnewski, Catherine Luria, Eric Luria, Matt Alspaugh, Susie Linderman, June Wilson, Paul Bennett, and Paula Odom, not only planned the series, but were there every day to handle all the many details.

The Tech Team, Fernanda, Yaritzi, and Matt, made sure we had audio, video, and Zoom support.

Richard Clarke ensured that the videos were posted the same day. That was eight extra videos that Richard got to YouTube in addition to the videos Richard gives us every week.

Finally, Dee Dee Camhi, carried the program from inspiration to delivery, and hosting.

Links to Last Week's Zoom Sessions

Understanding Mexican History & Culture: Part 2 - LCUUF 20250810

<https://www.youtube.com/watch?v=Tu2CUG010HU>

Mexico's 32 Free and Sovereign States - LCUUF August 11 2025

<https://www.youtube.com/watch?v=rahfcHk6xic>

The Intricacies of Claudia Sheinbaum's Presidency - LCUUF August 12 2025

<https://www.youtube.com/watch?v=dTy4mW8Jqjg>

Harnessing the Power of Mexican Media - LCUUF Aug 13 2025

<https://www.youtube.com/watch?v=GiOd5c8Gr7U>

Mexico Amid a Second Trump Administration - LCUUF August 14 2025

https://www.youtube.com/watch?v=-_NZ7RgJSkg

Meditation: Discovering joy in simple presence

<https://www.youtube.com/watch?v=M3eY9Nui68I>

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