

[lcuuf] LCUUF News of the Week, August 24, 2025

1 message

Trudy Crippen via groups.io <trudycrippen@gmail.com@groups.io>

Fri, Aug 22, 2025 at 12:04 PM

Reply-To: trudycrippen@gmail.com

To: lcuuf@groups.io



LCUUF News of the Week, August 24, 2025

This Sunday's Service**Stillness in a Chaotic World**

In our busy lives, in our stressful world, worry, frustration, confusion, sleeplessness and fear are all too familiar components of the chaotic mind, and lead us away from stillness in both mind and body. Yet even in the midst of a chaotic environment – an external “storm”, it is possible to find inner stillness. Eckhart Tolle tells us that stillness is where creativity and solutions to problems are found.

If you find yourselves as most of us do in, living in a chaotic world from things beyond your control, on that expressway that never slows down, then this service is for you! D'Vorah Kelley will give the talk and Colleen Beery will be the service associate.

Link to Sunday's Service<https://us02web.zoom.us/j/233941792>

This Week's Hymns

This week's hymns will be using videos. We will sing along with them. They are:

Find the Stillness, #352

https://www.youtube.com/watch?v=2F_KR2FT_vw

and

Comfort Me #1002

<https://www.youtube.com/watch?v=OsmgksDZeKc>

Both are familiar hymns to most of us

Mexican Fiesta

St. Andrew's will host a Mexican Fiesta for members of the congregations of St. Andrew's and the UU's. Email cunninghamkathie@gmail.com to make a reservation. Three tables are reserved for the LCUUF, and you can reserve space at one of those, or you can make a reservation and choose a table when you arrive. Tickets will be on sale on Sundays between the two services. Tickets are limited, so please sign-up quickly.

It will be catered by Agustin from Viva Mexico. It will be held on Thursday, September 11th, in the garden, starting at 4:00 p.m. The ticket cost is \$400 pesos. The menu will include chicken fajitas, BBQ ribs, garlic shrimp, rice, beans, vegetables, salad, tortillas, guacamole and chips and more. For those who are gluten free or vegetarian, there will also be a gluten free, vegetarian casserole. Agustin will also be selling his famous margaritas for \$70 pesos each. Water will be on the tables but please bring your own bottle of wine or drinks, if you do not want to drink margaritas.

Mark Your Calendars

Monday, 12:00, Women's Brown Bag Lunch, Trudy's house. Paseo de la Colina #71, Upper La Floresta, trudycrippen@gmail.com for questions.

Wednesday, 11:00, the humanist discussion group will meet on Zoom. The topic for this month's discussion is: Can Capitalism have a Social Conscience? If you wish to have the reading and video material, contact bobkoches@gmail.com. The zoom link is <https://us02web.zoom.us/j/86577912863>

Thursday morning, meet fellowship members and friends at 10:30 at Los Gringos, above the ice cream shop on the Ajijic plaza.

Thursday afternoon, join the weekly mindfulness and meditation Zoom session from 3:00 to 4:00. Contact Richard Clarke, riberasmeditation@gmail.com, for more information.

Friday afternoon, join an open discussion on Zoom at 2:00. Contact Richard Clarke at arunachalakindle@gmail.com.

Sunday at 4:00, attend a special concert at St. Andrews. See the poster at the end of the newsletter.

New Members

We welcomed new members, Joany Franklin, Donna Toulmin, David Winston, Emilie Costello, and Frank Watson.



Birthdays

August 26, Tim Boeve

August 29, Garrett Browning

Link to Last Sunday's Service

https://www.youtube.com/watch?v=yorsiiSg2_4

Chalice Circles

Chalice Circle sign up is now available at the welcome table for new groups. For the Chalice Circle online via zoom, sign up with either Mike Blanco at mblanco53@gmail.com or Joyce Kinnear at joycekinnear@hotmail.com

The Chalice Circle is a small group program that enhances spiritual growth and connection primarily through the spiritual practices of deep listening, authentic sharing, and respectful silence. These circles create a safe, supportive environment where members speak and listen without interruption or judgment, allowing for deeper self-reflection and mutual understanding. By focusing on monthly themes and inviting participants to explore personal spiritual questions, Chalice Circles foster individual spiritual exploration and communal bonds across diverse members, nurturing acceptance and encouragement in line with Unitarian Universalist principles

It is an individual spiritual journey while sharing with a small group community in a safe environment. It provides, using the technique of deep listening, a chance to explore one's own path towards spirituality through facilitated guided monthly topics. Maximum size is 10 including facilitators. Optimum size is 8.

It is not a discussion group. It is not a therapy group. Once formed each group will meet once a month and will determine their own day and time.



Mexican FIESTA

THUR, SEPTEMBER 11
4:00 PM



Calle San Lucas 19, Riberas del Pilar

Food provided by Viva México

✧ 400 PESOS ✧

for a reservation, contact
cunninghamkathie@gmail.com.

A feast for everyone!
Enjoy sizzling chicken fajitas, BBQ ribs
Viva Mexico style, tender beef, fish
fajitas, and all the classic sides: rice,
beans, fresh veggies, salad, guacamole &
chips, and warm tortillas

We'll have margaritas for sale — but feel free to
bring your own drinks!





CHAMBER CHOIR CORO DE CÁMARA

Departamento de Música | Universidad de Guadalajara

Dir. Wilmia Verrier

CONCERT | CONCIERTO
SUNDAY, AUGUST 24, 2025 | 4 P.M.



St. Andrew's Anglican Church, A.R.
San Lucas #19, Riberas del Pilar
Cel/Phone: +1 702 5217 220
Email: Info@standrews.mx

Cash bar opens at 3 p.m.
Every Peso Supports the Choir
Bedidas desde las 3 p.m.
Todo a beneficio del coro

**VOLUNTARY
CONTRIBUTION**

**APORTE
VOLUNTARIO**

Supporting its members to participate in a festival in
Colombia from September 9 to 18, 2025

Apoyando a sus cantores para que participen en festival en
Colombia, del 9 al 18 de septiembre de 2025.

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