

[lcuuf] LCUUF News of the Week, January 4, 2026

1 message

Trudy Crippen via groups.io <trudycrippen@gmail.com@groups.io>

Fri, Jan 2, 2026 at 3:15 PM

Reply-To: trudycrippen@gmail.com

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**This Week's Service**

Rev. Gary Kowalski will give a talk about resilience and resistance based on the poetry of the People's Poet. In times like these—when faith is perverted in the service of power, when lies masquerade as truth, when authoritarianism is on the rise, when fools and scoundrels occupy the seats of government—it's helpful to remember what the poet Carl Sandburg wrote in his poem *Upstream*,

The strong men keep coming on.
They go down, shot, hanged, sick, broken.
They live on fighting, singing, lucky as plungers,
The strong mothers pulling them on.
The strong mothers pulling them from a dark sea, a great prairie, a long mountain.

The Link for Sunday Services

<https://us02web.zoom.us/j/233941792>

Share the Basket

Niñas Sabias' mission weaves education, empowerment and entrepreneurship so girls emerge stronger and happier in pursuit of their dreams. Through mentoring, girls learn to acknowledge their worth, wisdom, and power, as they endeavor to change limitations and burdens into empowerment and strength.

This Week's Music

My Life Flows On in Endless Song

<https://www.youtube.com/watch?v=cdwKOBkpzZE>

This Is My Song

<https://www.youtube.com/watch?v=1q1Sb-S903o>

A New Year's Resolution

Begin the New Year by taking time to get your important documents in order. On Sunday, January 11th, Sheila Cameron will speak briefly to the Fellowship about her *Just in Case* binder and accompanying workshop that provide a simple way to put all of your emergency info in one place. After the service she will be available outside to speak with those interested in registering for one of her workshops.

The dates and times include:

-Wednesday, January 14 from 2 to 4 PM

-Friday, January 16 from 10 to 12 noon.

These workshops will be held in the large room off the sanctuary at St. Andrew's. If you would prefer to meet in your home with a few friends, Sheila is happy to facilitate a workshop for you there. The cost for a binder and workshop is \$800 pesos. For couples who share a binder, the cost is \$1000 pesos. Scholarships are available to LCUUF members in need who want to register for a workshop. See Adele St. Pierre if you are interested.

Mark Your Calendars

Thursday morning, meet fellowship members and friends at 10:30 at Los Gringos, above the ice cream shop on the Ajijic plaza.

Thursday afternoon, join the weekly mindfulness and meditation Zoom session from 3:00 to 4:00. To join Meditation at 3 PM Thursday, here is the link: <https://us02web.zoom.us/j/81298848822>

Friday afternoon, join an open discussion on Zoom at 2:00. To join the conversation on Friday at 2, here is the link: <https://us02web.zoom.us/j/89922434303>

Birthdays, thanks to Doug Mattoon, our greeting cards master

1/07 Hanna Frederick

1/08 Steve Wilson

1/10 Terry Rosson

Links, thanks to Richard Clarke, our master of the videos

Last Sunday's Service , *Letting Go*

https://www.youtube.com/watch?v=wN_akPPLYCY

New Year Meditation

https://www.youtube.com/watch?v=7Lkg_SKRn1c

Humanist Discussion

The Humanist Discussion Group will meet on January 28, at 11:00. To be added to the reading list contact bobkoches@gmail.com. The zoom link is <https://us02web.zoom.us/j/86577912863>.

Our topic this month is the Kessler Syndrome, a possible chain reaction of collisions in Earth's orbit, caused by the growing density of space debris from defunct satellites and rockets, that would potentially make future launches and satellite operations impossible. We will discuss the need for global cooperation on space sustainability in order to prevent a future that could trap humanity on Earth.

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