

[lcuuf] LCUUF News of the Week, November 23, 2025

1 message

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Fri, Nov 21, 2025 at 1:06 PM

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**This Week's Service**

Rev. Matt Alspaugh will give Sunday's talk. It appears that the idea of representative democracy is in trouble, as voters in numerous countries have chosen to elect authoritarian leaders who are shifting those countries away from democracy. So maybe it's time to take a long view about how democracy might be fixed, and one idea is to move away from representative democracy, or at least diminish the power of representatives. We'll explore one idea, 'sortition' where representatives are randomly chosen, much like juries are in much of the world. Could random choice even work? Could it yield outcomes better than what we're seeing with elected representatives? How might this jibe with our 5th principle, "The right of conscience and the use of the democratic process within our congregations and in society at large?" We'll reflect on this idea, and democracy in general. Lynn Cleek will be the service associate.

The Zoom Link for Sunday Services

<https://us02web.zoom.us/j/233941792>

Pass the Basket

Poco a Poco supports youth and women in the San Pedro Itzican and Mezcal area east of us through education, teaching local organic food growth, providing food and drinking water to renal patients, feeding over 300 children five days a week, offering health services, as well as literacy and English as a second language classes.

This Week's Music

Opening Hymn #170 We Are a Gentle, Angry People.

https://www.youtube.com/watch?v=9M1jnSteA_gUUvi

Sheet Music PDF <https://fpuucanton.org/wp-content/uploads/2023/03/hymn-170-we-are-a-gentle-angry-people.pdf>

Closing Hymn #318 We Would Be One

https://www.youtube.com/watch?v=2rqwC5_KMuU&list=RD2rqwC5_KMuU&start_radio=1

<https://fpuucanton.org/wp-content/uploads/2024/10/hymn-318-we-would-be-one.pdf>.

Cesar will play the piano and we will practice at 11:30.

Next Week's Service

Visiting UU Revs. Wayne Arnason and Kathleen Rolenz will give the talk, *Four Kinds of Forever*. When Rev. Kathleen retired from full time parish ministry in June of this year, she and Rev. Wayne asked themselves: "what does life look like now?" That conversation stimulated more questions, such as: "How do I spend the time I have--and on what--and does it add meaning and purpose to our days?" These are religious and spiritual questions for all of us, at any age or stage of life. Come explore them with us!

Mark Your Calendars

Monday, you are welcome at the monthly women's brown bag lunch. Bring your lunch. We meet at 12:00 at Trudy's home, Upper la Floresta, Paseo de Colina 71. Email trudycrippen@gmail.com.

Wednesday the humanist discussion group will meet on Zoom at 11:00. This month we will examine how life and consciousness are integral to understanding the universe. Contact bobkoches@gmail.com for readings and for the Zoom link.

Thursday morning, meet fellowship members and friends at 10:30 at Los Gringos, above the ice cream shop on the Ajijic plaza.

Thursday afternoon, join the weekly mindfulness and meditation Zoom session from 3:00 to 4:00. Contact Richard Clarke at riberasmeditation@gmail.com for more information.

Friday afternoon, join an open discussion on Zoom at 2:00. Contact Richard Clarke at arunachalakindle@gmail.com for more information.

Music for Christmas

We need song leaders for the Christmas service on December 21. The service will have a lot of Christmas carols from around the world. We would also like to do a choir piece, *Lo, How a Rose e'er Blooming*. All singers are welcome. Contact Bob Koches if you can help or have any questions. Either see Bob at any of the services or at bobkoches@gmail.com. Rev Mary Doane will be playing for the service in person.

Birthdays, thanks to Doug Mattoon, our greeting cards maestro.

11/24 Norman Woods

11/24 D'vorah Kelley

11/25 Candy Fields

Links, thanks to Richard Clarke, our master of the videos.

Sunday's service, You Belong Here <https://www.youtube.com/watch?v=b5ImUcwmsAI>

Thursday's Meditation, The Dance of Vipassanā and Samādhi: Stillness and Insight as One Path - <https://www.youtube.com/watch?v=blqaiXYuiLk>

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